

Note : si vous disposez d'une connection internet, en cliquant sur le titre d'une épreuve, vous pouvez accéder directement sur le détail de cette épreuve du site fédéral.

100 Nage Libre Dames - Séries (Samedi 9 Novembre 2019)

1	ROBERT Jessica (2001) FRA	ES MASSY NATATION	01:04.03	974 pts
		50m : 00:30.53 (00:30.53)	100m : 01:04.03 (00:33.50)	
2	DOMINICE Laura (1993) FRA	ANTONY NATATION	01:07.97	850 pts
		50m : 00:32.81 (00:32.81)	100m : 01:07.97 (00:35.16)	
3	TRENIT Axelle (2004) FRA	CA ORSAY	01:09.56	802 pts
		50m : 00:33.15 (00:33.15)	100m : 01:09.56 (00:36.41)	
4	RIMBERT Mathilde (2002) FRA	CN ST-MICHEL-SUR-ORGE	01:10.86	764 pts
		50m : 00:33.64 (00:33.64)	100m : 01:10.86 (00:37.22)	
5	MENINGAND Lorena (1997) FRA	ES MASSY NATATION	01:12.29	724 pts
		50m : 00:34.00 (00:34.00)	100m : 01:12.29 (00:38.29)	
6	COLAS Sandrine (1972) FRA	ES MASSY NATATION	01:16.72	605 pts
		50m : 00:36.52 (00:36.52)	100m : 01:16.72 (00:40.20)	
7	KABICHE Valérie (1972) FRA	ES MASSY NATATION	01:16.79	603 pts
		50m : 00:35.70 (00:35.70)	100m : 01:16.79 (00:41.09)	
8	FRAVAL-FUSIBET Caroline (1985) FRA	ES MASSY NATATION	01:17.40	588 pts
		50m : 00:36.30 (00:36.30)	100m : 01:17.40 (00:41.10)	
9	ALIOUA Aldjia Anies (2007) FRA	EN LONGJUMEAU	01:19.89	526 pts
		50m : 00:37.83 (00:37.83)	100m : 01:19.89 (00:42.06)	
10	LOUTREIN Melissa (2006) FRA	CO ULIS NATATION	01:20.91	502 pts
		50m : 00:37.80 (00:37.80)	100m : 01:20.91 (00:43.11)	
11	HERRY Thelma (2009) FRA	ANTONY NATATION	01:28.12	348 pts
		50m : 00:40.91 (00:40.91)	100m : 01:28.12 (00:47.21)	
12	MEHLHORN Frédérique (1992) FRA	ES MASSY NATATION	01:29.19	328 pts
		50m : 00:39.05 (00:39.05)	100m : 01:29.19 (00:50.14)	
13	TRANCOSO Ines (2009) FRA	CA ORSAY	01:31.37	288 pts
		50m : 00:43.16 (00:43.16)	100m : 01:31.37 (00:48.21)	
14	ACHAIAA Shayma (2007) FRA	CN ST-MICHEL-SUR-ORGE	01:39.26	165 pts
		50m : 00:44.52 (00:44.52)	100m : 01:39.26 (00:54.74)	
15	BENARD Mélina (2011) FRA	CA ORSAY	02:07.03	1 pts
		50m : 00:59.89 (00:59.89)	100m : 02:07.03 (01:07.14)	

400 Nage Libre Dames - Séries (Dimanche 10 Novembre 2019)

1	ELIWA Kamila (2004) FRA	ES MASSY NATATION	04:36.23	1104 pts	
		50m : 00:31.04 (00:31.04)	100m : 01:04.35 (00:33.31)	150m : 01:38.56 (00:34.21)	200m : 02:13.89 (00:35.33)
		250m : 02:49.30 (00:35.41)	300m : 03:25.31 (00:36.01)	350m : 04:01.34 (00:36.03)	400m : 04:36.23 (00:34.89)
2	ANASSE Valentine (2005) FRA	ES MASSY NATATION	04:37.48	1094 pts	
		50m : 00:30.57 (00:30.57)	100m : 01:04.72 (00:34.15)	150m : 01:39.11 (00:34.39)	200m : 02:14.35 (00:35.24)
		250m : 02:49.85 (00:35.50)	300m : 03:25.59 (00:35.74)	350m : 04:01.40 (00:35.81)	400m : 04:37.48 (00:36.08)
3	FOURMY Maëlys (2003) FRA	ES MASSY NATATION	04:41.32	1066 pts	
		50m : 00:31.71 (00:31.71)	100m : 01:06.28 (00:34.57)	150m : 01:41.84 (00:35.56)	200m : 02:17.57 (00:35.73)
		250m : 02:53.51 (00:35.94)	300m : 03:29.63 (00:36.12)	350m : 04:05.97 (00:36.34)	400m : 04:41.32 (00:35.35)
4	LEGER Katell (2006) FRA	ES MASSY NATATION	04:49.41	1006 pts	
		50m : 00:32.14 (00:32.14)	100m : 01:07.34 (00:35.20)	150m : 01:43.78 (00:36.44)	200m : 02:20.99 (00:37.21)
		250m : 02:58.39 (00:37.40)	300m : 03:36.14 (00:37.75)	350m : 04:13.07 (00:36.93)	400m : 04:49.41 (00:36.34)
5	ARAGONES Roxane (2007) FRA	ES MASSY NATATION	05:12.57	846 pts	
		50m : 00:35.19 (00:35.19)	100m : 01:14.32 (00:39.13)	150m : 01:53.60 (00:39.28)	200m : 02:32.53 (00:38.93)
		250m : 03:12.40 (00:39.87)	300m : 03:53.11 (00:40.71)	350m : 04:33.39 (00:40.28)	400m : 05:12.57 (00:39.18)
6	BEAUDRON Leann (2003) FRA	EN LONGJUMEAU	05:14.17	835 pts	
		50m : 00:34.34 (00:34.34)	100m : 01:12.09 (00:37.75)	150m : 01:51.76 (00:39.67)	200m : 02:31.95 (00:40.19)
		250m : 03:12.88 (00:40.93)	300m : 03:53.69 (00:40.81)	350m : 04:34.43 (00:40.74)	400m : 05:14.17 (00:39.74)
7	DONOT Lilou (2006) FRA	ANTONY NATATION	05:14.55	833 pts	
		50m : 00:35.35 (00:35.35)	100m : 01:15.15 (00:39.80)	150m : 01:54.21 (00:39.06)	200m : 02:34.99 (00:40.78)
		250m : 03:14.55 (00:39.56)	300m : 03:54.60 (00:40.05)	350m : 04:34.91 (00:40.31)	400m : 05:14.55 (00:39.64)
8	FERRY Cécile (1970) FRA	CA ORSAY	05:38.91	680 pts	
		50m : 00:37.70 (00:37.70)	100m : 01:19.16 (00:41.46)	150m : 02:02.04 (00:42.88)	200m : 02:45.16 (00:43.12)
		250m : 03:28.73 (00:43.57)	300m : 04:12.80 (00:44.07)	350m : 04:56.54 (00:43.74)	400m : 05:38.91 (00:42.37)
9	SKOUMAS Stéphanie (2006) FRA	CN ST-MICHEL-SUR-ORGE	05:46.47	636 pts	
		50m : 00:35.68 (00:35.68)	100m : 01:16.77 (00:41.09)	150m : 01:59.92 (00:43.15)	200m : 02:44.63 (00:44.71)
		250m : 03:29.36 (00:44.73)	300m : 04:15.19 (00:45.83)	350m : 05:01.38 (00:46.19)	400m : 05:46.47 (00:45.09)
10	COQUARD POREZ Rose (2007) FRA	CA ORSAY	05:49.23	621 pts	
		50m : 00:37.60 (00:37.60)	100m : 01:20.34 (00:42.74)	150m : 02:04.82 (00:44.48)	200m : 02:50.18 (00:45.36)
		250m : 03:35.51 (00:45.33)	300m : 04:18.93 (00:43.42)	350m : 05:05.01 (00:46.08)	400m : 05:49.23 (00:44.22)
11	REMY Lou (2009) FRA	ES MASSY NATATION	06:03.52	542 pts	
		50m : 00:38.66 (00:38.66)	100m : 01:24.25 (00:45.59)	150m : 02:11.25 (00:47.00)	200m : 02:58.19 (00:46.94)
		250m : 03:44.86 (00:46.67)	300m : 04:32.09 (00:47.23)	350m : 05:17.56 (00:45.47)	400m : 06:03.52 (00:45.96)

Championnat Régional Interclubs TC - ILE-DE-FRANCE - MASSY (FRA)

Titre : Championnats Régionaux Interclubs TC - Poule K
Du Samedi 9 au Dimanche 10 Novembre 2019 - Bassin de : 25 m.

400 Nage Libre Dames - Séries (suite)

12 CAETANO Lily (2009) FRA	CN ST-MICHEL-SUR-ORGE	06:05.21	533 pts
	50m : 00:40.28 (00:40.28) 100m : 01:25.83 (00:45.55) 150m : 02:12.96 (00:47.13) 200m : 03:00.69 (00:47.73) 250m : 03:49.46 (00:47.11) 300m : 04:34.75 (00:46.95) 350m : 05:22.42 (00:47.67) 400m : 06:05.21 (00:42.79)		
13 MARTI BROSE Malena (2007) FRA	CA ORSAY	06:09.24	512 pts
	50m : 00:42.21 (00:42.21) 100m : 01:29.09 (00:46.88) 150m : 02:15.89 (00:46.80) 200m : 03:02.92 (00:47.03) 250m : 03:49.46 (00:46.54) 300m : 04:36.08 (00:46.62) 350m : 05:23.31 (00:47.23) 400m : 06:09.24 (00:45.93)		
14 FLAVIN Coline (2006) FRA	ANTONY NATATION	06:15.70	479 pts
	50m : 00:41.57 (00:41.57) 100m : 01:28.10 (00:46.53) 150m : 02:15.76 (00:47.66) 200m : 03:03.39 (00:47.63) 250m : 03:51.42 (00:48.03) 300m : 04:39.89 (00:48.47) 350m : 05:28.86 (00:48.97) 400m : 06:15.70 (00:46.84)		
15 LOUVIGNE Morgane (2009) FRA	CO ULIS NATATION	07:41.37	147 pts
	50m : 00:52.81 (00:52.81) 100m : 01:50.73 (00:57.92) 150m : 02:49.28 (00:58.55) 200m : 03:48.84 (00:59.56) 250m : 04:46.94 (00:58.10) 300m : 05:46.81 (00:59.87) 350m : 06:46.36 (00:59.55) 400m : 07:41.37 (00:55.01)		

100 Dos Dames - Séries (Samedi 9 Novembre 2019)

1 MIQUELESTORENA Vanessa (1986) FRA	ES MASSY NATATION	01:15.96	880 pts
	50m : 00:36.46 (00:36.46) 100m : 01:15.96 (00:39.50)		
2 SAUTEREAU Marie (2004) FRA	CA ORSAY	01:17.25	850 pts
	50m : 00:36.65 (00:36.65) 100m : 01:17.25 (00:40.60)		
3 CISSE Maïwenn (2007) FRA	CN ST-MICHEL-SUR-ORGE	01:25.19	674 pts
	50m : 00:41.34 (00:41.34) 100m : 01:25.19 (00:43.85)		
4 DOMINICE Eva (1995) FRA	ANTONY NATATION	01:26.53	647 pts
	50m : 00:40.09 (00:40.09) 100m : 01:26.53 (00:46.44)		
5 CHAPPELL Alexandra (1992) FRA	ES MASSY NATATION	01:27.99	617 pts
	50m : 00:42.35 (00:42.35) 100m : 01:27.99 (00:45.64)		
6 GROHMANN Penelope (2007) FRA	EN LONGJUMEAU	01:30.87	561 pts
	50m : 00:44.06 (00:44.06) 100m : 01:30.87 (00:46.81)		
7 STEENKESTE Lily (2009) FRA	CA ORSAY	01:37.74	439 pts
	50m : 00:46.68 (00:46.68) 100m : 01:37.74 (00:51.06)		
8 AOUED Douae (2007) FRA	CO ULIS NATATION	01:40.07	400 pts
	50m : 00:47.59 (00:47.59) 100m : 01:40.07 (00:52.48)		
9 REZK-KALLAH Ines (2010) FRA	ES MASSY NATATION	01:41.48	378 pts
	50m : 00:49.47 (00:49.47) 100m : 01:41.48 (00:52.01)		
10 LORENZI Noa (2010) FRA	ES MASSY NATATION	01:42.32	365 pts
	50m : 00:48.38 (00:48.38) 100m : 01:42.32 (00:53.94)		
11 THOREL Colyne (2009) FRA	ANTONY NATATION	01:44.91	326 pts
	50m : 00:50.05 (00:50.05) 100m : 01:44.91 (00:54.86)		
12 MEHIGUENI Myriam (2010) FRA	ES MASSY NATATION	01:45.41	319 pts
	50m : 00:50.93 (00:50.93) 100m : 01:45.41 (00:54.48)		
13 BATIKIAN Chloé (2010) FRA	CN ST-MICHEL-SUR-ORGE	01:51.21	242 pts
	50m : 00:54.76 (00:54.76) 100m : 01:51.21 (00:56.45)		
14 PICARD Anais (2010) FRA	ES MASSY NATATION	01:51.26	241 pts
	50m : 00:55.00 (00:55.00) 100m : 01:51.26 (00:56.26)		
15 SMAH Chiraz (2011) FRA	CA ORSAY	02:12.66	48 pts
	50m : 01:02.63 (01:02.63) 100m : 02:12.66 (01:10.03)		

200 Dos Dames - Séries (Dimanche 10 Novembre 2019)

1 MOUNIER Ilona (2004) FRA	ES MASSY NATATION	02:28.46	1035 pts
	50m : 00:34.48 (00:34.48) 100m : 01:11.83 (00:37.35) 150m : 01:50.52 (00:38.69) 200m : 02:28.46 (00:37.94)		
2 BUI Julianne (2006) FRA	ANTONY NATATION	02:50.09	774 pts
	50m : 00:37.38 (00:37.38) 100m : 01:19.89 (00:42.51) 150m : 02:04.70 (00:44.81) 200m : 02:50.09 (00:45.39)		
3 RICARD Elsa (2003) FRA	CN ST-MICHEL-SUR-ORGE	02:51.47	758 pts
	50m : 00:40.04 (00:40.04) 100m : 01:23.21 (00:43.17) 150m : 02:07.42 (00:44.21) 200m : 02:51.47 (00:44.05)		
4 BENTERKI Syrine (2005) FRA	EN LONGJUMEAU	02:52.26	749 pts
	50m : 00:41.38 (00:41.38) 100m : 01:24.96 (00:43.58) 150m : 02:08.71 (00:43.75) 200m : 02:52.26 (00:43.55)		
5 MOUNIER Anouk (2007) FRA	CA ORSAY	02:52.46	747 pts
	50m : 00:40.58 (00:40.58) 100m : 01:24.47 (00:43.89) 150m : 02:08.97 (00:44.50) 200m : 02:52.46 (00:43.49)		
6 CHASTAGNER Agathe (2006) FRA	ANTONY NATATION	03:10.07	566 pts
	50m : 00:45.78 (00:45.78) 100m : 01:34.22 (00:48.44) 150m : 02:22.44 (00:48.22) 200m : 03:10.07 (00:47.63)		
7 MENINGAND Coraline (1995) FRA	ES MASSY NATATION	03:11.32	554 pts
	50m : 00:45.55 (00:45.55) 100m : 01:32.47 (00:46.92) 150m : 02:21.83 (00:49.36) 200m : 03:11.32 (00:49.49)		
8 PETIT EYRIN Clemence (2009) FRA	ES MASSY NATATION	03:14.74	522 pts
	50m : 00:45.50 (00:45.50) 100m : 01:34.53 (00:49.03) 150m : 02:24.63 (00:50.10) 200m : 03:14.74 (00:50.11)		
9 DESRIVIERES-HAMY Ninon (2008) FRA	CO ULIS NATATION	03:20.89	467 pts
	50m : 00:47.71 (00:47.71) 100m : 01:38.86 (00:51.15) 150m : 02:30.65 (00:51.79) 200m : 03:20.89 (00:50.24)		

Championnat Régional Interclubs TC - ILE-DE-FRANCE - MASSY (FRA)

Titre : Championnats Régionaux Interclubs TC - Poule K
Du Samedi 9 au Dimanche 10 Novembre 2019 - Bassin de : 25 m.

200 Dos Dames - Séries (suite)

10	PAGES Camille (2009) FRA	CA ORSAY	03:26.62	418 pts
		50m : 00:49.33 (00:49.33) 100m : 01:42.45 (00:53.12) 150m : 02:35.51 (00:53.06) 200m : 03:26.62 (00:51.11)		
11	PINAUD Alice (2009) FRA	ES MASSY NATATION	03:27.05	415 pts
		50m : 00:46.45 (00:46.45) 100m : 01:40.30 (00:53.85) 150m : 02:34.08 (00:53.78) 200m : 03:27.05 (00:52.97)		
12	CAUTY Ninon (2010) FRA	ES MASSY NATATION	03:31.59	378 pts
		50m : 00:49.90 (00:49.90) 100m : 01:44.40 (00:54.50) 150m : 02:39.62 (00:55.22) 200m : 03:31.59 (00:51.97)		
13	MARCHAIS PAILLET Aline (2010) FRA	ES MASSY NATATION	03:41.55	304 pts
		50m : 00:54.92 (00:54.92) 100m : 01:51.53 (00:56.61) 150m : 02:47.72 (00:56.19) 200m : 03:41.55 (00:53.83)		
14	LAVENANT Sasha (2010) FRA	CA ORSAY	03:59.00	194 pts
		50m : 00:56.35 (00:56.35) 100m : 01:57.61 (01:01.26) 150m : 02:58.78 (01:01.17) 200m : 03:59.00 (01:00.22)		
---	GEORGIAKAKIS Emmanuella-Rose (2005) FRA	CN ST-MICHEL-SUR-ORGE	DSQ	

100 Brasse Dames - Séries (Samedi 9 Novembre 2019)

1	LENGLLET Nolwenn (2002) FRA	ES MASSY NATATION	01:22.90	956 pts
		50m : 00:39.18 (00:39.18) 100m : 01:22.90 (00:43.72)		
2	FAUQUANT Maïwenn (2004) FRA	CA ORSAY	01:24.40	924 pts
		50m : 00:39.78 (00:39.78) 100m : 01:24.40 (00:44.62)		
3	CHESNEAU Justine (2003) FRA	ES MASSY NATATION	01:27.24	865 pts
		50m : 00:40.22 (00:40.22) 100m : 01:27.24 (00:47.02)		
4	POUMAREDE Ariane (2006) FRA	CN ST-MICHEL-SUR-ORGE	01:30.46	801 pts
		50m : 00:41.98 (00:41.98) 100m : 01:30.46 (00:48.48)		
5	MALSCH Clémence (2009) FRA	ANTONY NATATION	01:38.05	658 pts
		50m : 00:45.72 (00:45.72) 100m : 01:38.05 (00:52.33)		
6	BERNARDOFF Jeanne (2009) FRA	CA ORSAY	01:47.44	502 pts
		50m : 00:51.01 (00:51.01) 100m : 01:47.44 (00:56.43)		
7	LEPERT Ambrine (2010) FRA	ES MASSY NATATION	01:53.71	409 pts
		50m : 00:53.58 (00:53.58) 100m : 01:53.71 (01:00.13)		
8	GEORGIAKAKIS Naelle (2007) FRA	CN ST-MICHEL-SUR-ORGE	01:59.72	329 pts
		50m : 00:55.25 (00:55.25) 100m : 01:59.72 (01:04.47)		
9	KANAMORI Zoe (2009) FRA	ANTONY NATATION	02:03.82	280 pts
		50m : 00:58.53 (00:58.53) 100m : 02:03.82 (01:05.29)		
10	SAID Kourya (2010) FRA	ES MASSY NATATION	02:04.09	276 pts
		50m : 00:58.66 (00:58.66) 100m : 02:04.09 (01:05.43)		
11	ANGELE Sienna (2011) FRA	ES MASSY NATATION	02:05.88	256 pts
		50m : 00:58.59 (00:58.59) 100m : 02:05.88 (01:07.29)		
12	BLAIN Lea (2011) FRA	ES MASSY NATATION	02:15.11	164 pts
		50m : 01:02.86 (01:02.86) 100m : 02:15.11 (01:12.25)		
13	CHIKRI Meïssa (2009) FRA	CO ULIS NATATION	02:16.75	150 pts
		50m : 01:04.51 (01:04.51) 100m : 02:16.75 (01:12.24)		
14	OUADI Aya (2011) FRA	CA ORSAY	02:19.10	130 pts
		50m : 01:06.28 (01:06.28) 100m : 02:19.10 (01:12.82)		
---	JULIEN Cassandre (2005) FRA	EN LONGJUMEAU	DSQ	

200 Brasse Dames - Séries (Dimanche 10 Novembre 2019)

1	CHESNEAU Marine (1999) FRA	ES MASSY NATATION	02:49.22	1027 pts
		50m : 00:38.04 (00:38.04) 100m : 01:20.23 (00:42.19) 150m : 02:03.89 (00:43.66) 200m : 02:49.22 (00:45.33)		
2	PASQUET Stéphanie (1982) FRA	ES MASSY NATATION	03:02.80	880 pts
		50m : 00:39.90 (00:39.90) 100m : 01:25.05 (00:45.15) 150m : 02:13.38 (00:48.33) 200m : 03:02.80 (00:49.42)		
3	BELKHELLADI Ines (2008) FRA	ANTONY NATATION	03:04.03	867 pts
		50m : 00:38.08 (00:38.08) 100m : 01:25.23 (00:47.15) 150m : 02:14.43 (00:49.20) 200m : 03:04.03 (00:49.60)		
4	HADJIDJ Lina (2006) FRA	ES MASSY NATATION	03:15.92	749 pts
		50m : 00:43.79 (00:43.79) 100m : 01:32.75 (00:48.96) 150m : 02:23.96 (00:51.21) 200m : 03:15.92 (00:51.96)		
5	CHAMPAGNE Valérie (2007) FRA	CA ORSAY	03:19.56	714 pts
		50m : 00:45.90 (00:45.90) 100m : 01:36.93 (00:51.03) 150m : 02:28.66 (00:51.73) 200m : 03:19.56 (00:50.90)		
6	MICHAUD Eliza (2007) FRA	EN LONGJUMEAU	03:29.45	625 pts
		50m : 00:47.41 (00:47.41) 100m : 01:40.35 (00:52.94) 150m : 02:35.27 (00:54.92) 200m : 03:29.45 (00:54.18)		
7	TETART Romane (2007) FRA	CN ST-MICHEL-SUR-ORGE	03:30.11	619 pts
		50m : 00:47.18 (00:47.18) 100m : 01:40.59 (00:53.41) 150m : 02:35.47 (00:54.88) 200m : 03:30.11 (00:54.64)		
8	ATTIA Lina (2006) FRA	CO ULIS NATATION	03:30.29	617 pts
		50m : 00:44.00 (00:44.00) 100m : 01:35.76 (00:51.76) 150m : 02:32.45 (00:56.69) 200m : 03:30.29 (00:57.84)		

Championnat Régional Interclubs TC - ILE-DE-FRANCE - MASSY (FRA)

Titre : Championnats Régionaux Interclubs TC - Poule K
Du Samedi 9 au Dimanche 10 Novembre 2019 - Bassin de : 25 m.

200 Brasse Dames - Séries (suite)

9	OBLED Zoé (2007) FRA	CA ORSAY	03:31.05	611 pts
		50m : 00:46.57 (00:46.57) 100m : 01:39.57 (00:53.00) 150m : 02:35.13 (00:55.56) 200m : 03:31.05 (00:55.92)		
10	RAKOTOZAFY Hannah (2008) FRA	CN ST-MICHEL-SUR-ORGE	03:32.35	599 pts
		50m : 00:48.54 (00:48.54) 100m : 01:43.38 (00:54.84) 150m : 02:37.96 (00:54.58) 200m : 03:32.35 (00:54.39)		
11	DELSART Ambre (2010) FRA	ES MASSY NATATION	03:38.84	545 pts
		50m : 00:47.18 (00:47.18) 100m : 01:44.90 (00:57.72) 150m : 02:44.16 (00:59.26) 200m : 03:38.84 (00:54.68)		
12	HORDESSEAUX Roxanne (2009) FRA	ES MASSY NATATION	03:42.08	519 pts
		50m : 00:49.72 (00:49.72) 100m : 01:45.75 (00:56.03) 150m : 02:44.32 (00:58.57) 200m : 03:42.08 (00:57.76)		
13	SO Fatoumata (2007) FRA	ES MASSY NATATION	03:44.91	496 pts
		50m : 00:46.16 (00:46.16) 100m : 01:42.51 (00:56.35) 150m : 02:42.90 (01:00.39) 200m : 03:44.91 (01:02.01)		
14	HEZARD Maelie (2009) FRA	ANTONY NATATION	03:48.75	467 pts
		50m : 00:52.29 (00:52.29) 100m : 01:50.78 (00:58.49) 150m : 02:51.27 (01:00.49) 200m : 03:48.75 (00:57.48)		
15	HAIDA Naëlle (2010) FRA	CA ORSAY	04:07.97	333 pts
		50m : 00:55.14 (00:55.14) 100m : 01:59.67 (01:04.53) 150m : 03:04.31 (01:04.64) 200m : 04:07.97 (01:03.66)		

100 Papillon Dames - Séries (Samedi 9 Novembre 2019)

1	DRAGIC Dzevka (1995) FRA	ES MASSY NATATION	01:13.82	905 pts
		50m : 00:33.76 (00:33.76) 100m : 01:13.82 (00:40.06)		
2	FOINY Anaëlle (1997) FRA	ANTONY NATATION	01:16.53	839 pts
		50m : 00:33.19 (00:33.19) 100m : 01:16.53 (00:43.34)		
3	DOUILLET Ionah (2007) FRA	ES MASSY NATATION	01:17.54	814 pts
		50m : 00:34.12 (00:34.12) 100m : 01:17.54 (00:43.42)		
4	RABARIMAMPANINA Sendra (2004) FRA	CN ST-MICHEL-SUR-ORGE	01:17.56	814 pts
		50m : 00:34.71 (00:34.71) 100m : 01:17.56 (00:42.85)		
5	LLOYD Rose (2007) FRA	CA ORSAY	01:23.26	684 pts
		50m : 00:39.81 (00:39.81) 100m : 01:23.26 (00:43.45)		
6	LE STRAT Nina (2008) FRA	ES MASSY NATATION	01:30.54	535 pts
		50m : 00:39.46 (00:39.46) 100m : 01:30.54 (00:51.08)		
7	MOUGEOTTE Juliette (2003) FRA	CA ORSAY	01:33.78	474 pts
		50m : 00:42.06 (00:42.06) 100m : 01:33.78 (00:51.72)		
8	STRADY Clementine (2010) FRA	ES MASSY NATATION	01:36.70	422 pts
		50m : 00:41.87 (00:41.87) 100m : 01:36.70 (00:54.83)		
9	DUFOUR Clothilde (2009) FRA	ES MASSY NATATION	01:40.96	353 pts
		50m : 00:45.31 (00:45.31) 100m : 01:40.96 (00:55.65)		
10	DECHES Elise (2007) FRA	EN LONGJUMEAU	01:41.01	352 pts
		50m : 00:44.32 (00:44.32) 100m : 01:41.01 (00:56.69)		
11	DUBOIS Maëlys (2009) FRA	ANTONY NATATION	01:49.85	227 pts
		50m : 00:46.68 (00:46.68) 100m : 01:49.85 (01:03.17)		
12	POUX Léana (2009) FRA	CN ST-MICHEL-SUR-ORGE	01:49.98	226 pts
		50m : 00:49.23 (00:49.23) 100m : 01:49.98 (01:00.75)		
13	NOUREDDINE Rena (2009) FRA	ES MASSY NATATION	01:52.38	197 pts
		50m : 00:51.03 (00:51.03) 100m : 01:52.38 (01:01.35)		
14	MOURAD Sara (2007) FRA	CO ULIS NATATION	01:57.66	140 pts
		50m : 00:53.81 (00:53.81) 100m : 01:57.66 (01:03.85)		
15	HATRY Mélissandre (2011) FRA	CA ORSAY	02:07.54	59 pts
		50m : 00:56.70 (00:56.70) 100m : 02:07.54 (01:10.84)		

200 Papillon Dames - Séries (Dimanche 10 Novembre 2019)

1	JOLY Morgane (2004) FRA	ES MASSY NATATION	02:24.98	1087 pts
		50m : 00:31.22 (00:31.22) 100m : 01:07.75 (00:36.53) 150m : 01:46.18 (00:38.43) 200m : 02:24.98 (00:38.80)		
2	SIMOENS Lucille (2005) FRA	ES MASSY NATATION	02:28.69	1035 pts
		50m : 00:32.99 (00:32.99) 100m : 01:08.79 (00:35.80) 150m : 01:47.59 (00:38.80) 200m : 02:28.69 (00:41.10)		
3	FOURMY Marina (2003) FRA	ES MASSY NATATION	02:33.88	966 pts
		50m : 00:33.21 (00:33.21) 100m : 01:11.89 (00:38.68) 150m : 01:51.84 (00:39.95) 200m : 02:33.88 (00:42.04)		
4	BRINDEJONC Juline (2006) FRA	ES MASSY NATATION	02:35.12	949 pts
		50m : 00:34.34 (00:34.34) 100m : 01:13.62 (00:39.28) 150m : 01:54.84 (00:41.22) 200m : 02:35.12 (00:40.28)		
5	DANGER Clara (2002) FRA	EN LONGJUMEAU	02:39.27	896 pts
		50m : 00:34.78 (00:34.78) 100m : 01:14.77 (00:39.99) 150m : 01:56.66 (00:41.89) 200m : 02:39.27 (00:42.61)		
6	DUCAUROY Aude (2002) FRA	CA ORSAY	02:45.88	814 pts
		50m : 00:35.34 (00:35.34) 100m : 01:17.43 (00:42.09) 150m : 02:01.34 (00:43.91) 200m : 02:45.88 (00:44.54)		
7	CASTEJON Garance (2005) FRA	ES MASSY NATATION	02:49.76	767 pts
		50m : 00:33.95 (00:33.95) 100m : 01:14.16 (00:40.21) 150m : 01:59.36 (00:45.20) 200m : 02:49.76 (00:50.40)		

Championnat Régional Interclubs TC - ILE-DE-FRANCE - MASSY (FRA)

Titre : Championnats Régionaux Interclubs TC - Poule K
Du Samedi 9 au Dimanche 10 Novembre 2019 - Bassin de : 25 m.

200 Papillon Dames - Séries (suite)

8 AREL-MASSOL Gloria (2008) FRA	CN ST-MICHEL-SUR-ORGE	02:58.84	664 pts
	50m : 00:37.56 (00:37.56) 100m : 01:22.82 (00:45.26) 150m : 02:10.09 (00:47.27) 200m : 02:58.84 (00:48.75)		
9 ANGELE Loulia (2007) FRA	ES MASSY NATATION	03:02.67	623 pts
	50m : 00:37.36 (00:37.36) 100m : 01:23.59 (00:46.23) 150m : 02:12.60 (00:49.01) 200m : 03:02.67 (00:50.07)		
10 XAYGNABOUN-MOUNIER Laurine (2009) FRA	CA ORSAY	03:21.05	443 pts
	50m : 00:44.10 (00:44.10) 100m : 01:37.80 (00:53.70) 150m : 02:26.42 (00:48.62) 200m : 03:21.05 (00:54.63)		
11 VUILLEMIN Louane (2008) FRA	ANTONY NATATION	03:23.70	419 pts
	50m : 00:43.78 (00:43.78) 100m : 01:35.17 (00:51.39) 150m : 02:28.96 (00:53.79) 200m : 03:23.70 (00:54.74)		
12 DIDIER Leylou (2008) FRA	CN ST-MICHEL-SUR-ORGE	03:27.34	388 pts
	50m : 00:40.59 (00:40.59) 100m : 01:32.21 (00:51.62) 150m : 02:29.58 (00:57.37) 200m : 03:27.34 (00:57.76)		
13 DUCLOYER Clara (2002) FRA	CO ULIS NATATION	03:30.71	361 pts
	50m : 00:41.88 (00:41.88) 100m : 01:34.34 (00:52.46) 150m : 02:31.05 (00:56.71) 200m : 03:30.71 (00:59.66)		
14 COQUARD POREZ Jeanne (2010) FRA	CA ORSAY	04:28.34	45 pts
	50m : 00:58.47 (00:58.47) 100m : 02:07.98 (01:09.51) 150m : 03:19.33 (01:11.35) 200m : 04:28.34 (01:09.01)		
--- CLEMENT Julie (2009) FRA	ANTONY NATATION	DSQ	

100 4 Nages Dames - Séries (Samedi 9 Novembre 2019)

1 BACCHETTA Marine (1991) FRA	ES MASSY NATATION	01:09.02	1097 pts
2 LOSCHI Lea (1998) FRA	ES MASSY NATATION	01:13.71	971 pts
3 BILIEN Katia (1994) FRA	CN ST-MICHEL-SUR-ORGE	01:22.30	759 pts
4 CHATTUAIS Daphné (2007) FRA	ANTONY NATATION	01:23.61	729 pts
5 FERRON BERLIOUX Juliette (1996) FRA	ES MASSY NATATION	01:28.27	627 pts
6 CANET Lucie (1995) FRA	ES MASSY NATATION	01:32.75	537 pts
7 LE BRUN Fanny (1998) FRA	CA ORSAY	01:34.28	508 pts
8 LE GOFF Maëlie (2010) FRA	EN LONGJUMEAU	01:41.02	388 pts
9 FERRON BERLIOUX Eliane (1960) FRA	ES MASSY NATATION	01:41.85	375 pts
10 DONOT Tess (2009) FRA	ANTONY NATATION	01:42.37	366 pts
11 MARTI BROSSE Ainoa (2009) FRA	CA ORSAY	01:42.57	363 pts
12 JEAN BAPTISTE Noémie (2010) FRA	CN ST-MICHEL-SUR-ORGE	01:43.76	344 pts
13 BENARDEAU Julie (1978) FRA	ES MASSY NATATION	01:45.12	323 pts
14 KELLER Tilelli (2008) FRA	CO ULIS NATATION	01:49.25	264 pts
15 TOBJI Nourhane (2011) FRA	CA ORSAY	02:13.03	39 pts

200 4 Nages Dames - Séries (Dimanche 10 Novembre 2019)

1 MIALOT Maud (2003) FRA	CA ORSAY	02:33.87	991 pts
	50m : 00:33.59 (00:33.59) 100m : 01:12.81 (00:39.22) 150m : 01:59.19 (00:46.38) 200m : 02:33.87 (00:34.68)		
2 DUPUIS Lise (2006) FRA	ANTONY NATATION	02:34.15	987 pts
	50m : 00:34.12 (00:34.12) 100m : 01:14.43 (00:40.31) 150m : 01:59.28 (00:44.85) 200m : 02:34.15 (00:34.87)		
3 MOUNIER Manon (2006) FRA	ES MASSY NATATION	02:38.56	930 pts
	50m : 00:35.19 (00:35.19) 100m : 01:14.39 (00:39.20) 150m : 02:02.01 (00:47.62) 200m : 02:38.56 (00:36.55)		
4 MJAHEH Sirine (2007) FRA	ES MASSY NATATION	02:41.65	891 pts
	50m : 00:36.54 (00:36.54) 100m : 01:17.17 (00:40.63) 150m : 02:04.86 (00:47.69) 200m : 02:41.65 (00:36.79)		
5 BOUTIN Melina (2007) FRA	CN ST-MICHEL-SUR-ORGE	02:54.84	733 pts
	50m : 00:38.27 (00:38.27) 100m : 01:23.45 (00:45.18) 150m : 02:15.35 (00:51.90) 200m : 02:54.84 (00:39.49)		
6 FIDON Louna (2005) FRA	EN LONGJUMEAU	02:54.90	733 pts
	50m : 00:38.70 (00:38.70) 100m : 01:22.91 (00:44.21) 150m : 02:13.46 (00:50.55) 200m : 02:54.90 (00:41.44)		
7 NOUREDDINE Attika (2008) FRA	ES MASSY NATATION	03:12.26	549 pts
	50m : 00:42.70 (00:42.70) 100m : 01:31.57 (00:48.87) 150m : 02:27.89 (00:56.32) 200m : 03:12.26 (00:44.37)		
8 DAILLOUX Marion (1995) FRA	ES MASSY NATATION	03:14.27	529 pts
	50m : 00:40.60 (00:40.60) 100m : 01:32.33 (00:51.73) 150m : 03:28.62 (01:56.29) 200m : 03:14.27 (00:14.35)		
9 HUCHETTE GERARD Siloé (2010) FRA	ES MASSY NATATION	03:17.57	498 pts
	50m : 00:41.29 (00:41.29) 100m : 01:30.73 (00:49.44) 150m : 02:31.39 (01:00.66) 200m : 03:17.57 (00:46.18)		
10 PAUL Lucie (2009) FRA	ES MASSY NATATION	03:18.85	486 pts
	50m : 00:42.29 (00:42.29) 100m : 01:31.48 (00:49.19) 150m : 02:32.28 (01:00.80) 200m : 03:18.85 (00:46.57)		
11 GEORGIAKAKIS Olympia (2003) FRA	CN ST-MICHEL-SUR-ORGE	03:23.45	444 pts
	50m : 00:41.78 (00:41.78) 100m : 01:32.55 (00:50.77) 150m : 02:33.38 (01:00.83) 200m : 03:23.45 (00:50.07)		
12 ROCHE Faustine (2009) FRA	CA ORSAY	03:35.34	346 pts
	50m : 00:50.26 (00:50.26) 100m : 01:46.39 (00:56.13) 150m : 02:50.10 (01:03.71) 200m : 03:35.34 (00:45.24)		

200 4 Nages Dames - Séries (suite)

13	SUSPENE Clémence (2010) FRA	CA ORSAY	03:35.88	341 pts
		50m : 00:48.36 (00:48.36) 100m : 01:40.10 (00:51.74) 150m : 02:41.92 (01:01.82) 200m : 03:35.88 (00:53.96)		
14	DESOUZA SPENCER Jayla (2007) FRA	CO ULIS NATATION	03:48.78	249 pts
		50m : 00:46.84 (00:46.84) 100m : 01:48.09 (01:01.25) 150m : 02:53.62 (01:05.53) 200m : 03:48.78 (00:55.16)		
---	JEBIR Hajar (2006) FRA	ANTONY NATATION	DSQ	

4x200 Nage Libre Dames - Séries (Samedi 9 Novembre 2019)

1	SIMOENS Lucille (2005) FRA LENGLET Nolwenn (2002) FRA ROBERT Jessica (2001) FRA ANASSE Valentine (2005) FRA	ES MASSY NATATION	09:07.41	1066 pts
		50m : 00:30.51 (00:30.51) 100m : 01:03.26 (00:32.75) 150m : 01:37.49 (00:34.23) 200m : 02:11.32 (00:33.83) 250m : 02:43.63 (00:32.31) 300m : 03:19.31 (00:35.68) 350m : 03:56.23 (00:36.92) 400m : 04:33.07 (00:36.84) 450m : 05:09.91 (00:36.84)		
2	FAUQUANT Maïwenn (2004) FRA DUCAUROY Aude (2002) FRA SAUTEREAU Marie (2004) FRA MIALOT Maud (2003) FRA	CA ORSAY	09:40.13	944 pts
		50m : 00:32.42 (00:32.42) 100m : 01:08.72 (00:36.30) 150m : 01:48.87 (00:40.15) 200m : 02:27.76 (00:38.89) 250m : 03:00.33 (00:32.57) 300m : 03:36.12 (00:35.79) 350m : 04:13.75 (00:37.63) 400m : 04:51.92 (00:38.17) 450m : 05:29.09 (00:37.17)		
3	FOURMY Maëlys (2003) FRA CHESNEAU Justine (2003) FRA CHESNEAU Marine (1999) FRA FOURMY Marina (2003) FRA	ES MASSY NATATION	09:45.87	924 pts
		50m : 00:31.06 (00:31.06) 100m : 01:05.17 (00:34.11) 150m : 01:40.32 (00:35.15) 200m : 02:15.00 (00:34.68) 250m : 02:50.73 (00:35.73) 300m : 03:31.61 (00:40.88) 350m : 04:15.56 (00:43.95) 400m : 04:59.51 (00:43.95)		
4	ANGELE Loulia (2007) FRA DOUILLET Ionnah (2007) FRA ARAGONES Roxane (2007) FRA MJAHED Sirine (2007) FRA	ES MASSY NATATION	09:50.16	908 pts
		50m : 00:33.12 (00:33.12) 100m : 01:09.80 (00:36.68) 150m : 01:47.96 (00:38.16) 200m : 02:25.19 (00:37.23) 250m : 02:59.14 (00:33.95) 300m : 03:38.20 (00:39.06) 350m : 04:18.21 (00:40.01) 400m : 04:57.74 (00:39.53) 450m : 05:37.27 (00:39.53)		
5	BUI Julianne (2006) FRA DONOT Lilou (2006) FRA BELKHELLADI Ines (2008) FRA DUPUIS Lise (2006) FRA	ANTONY NATATION	10:02.16	867 pts
		50m : 00:35.79 (00:35.79) 100m : 01:14.70 (00:38.91) 150m : 01:54.46 (00:39.76) 200m : 02:32.56 (00:38.10) 250m : 03:07.87 (00:35.31) 300m : 03:44.33 (00:36.46) 350m : 04:23.19 (00:38.86) 400m : 05:02.27 (00:39.08) 450m : 05:41.35 (00:39.08)		
6	MOUNIER Manon (2006) FRA JOLY Morgane (2004) FRA REMY Lou (2009) FRA MOUNIER Ilona (2004) FRA	ES MASSY NATATION	10:03.80	861 pts
		50m : 00:32.13 (00:32.13) 100m : 01:08.81 (00:36.68) 150m : 01:49.87 (00:41.06) 200m : 02:30.50 (00:40.63) 250m : 03:01.02 (00:30.52) 300m : 03:35.21 (00:34.19) 350m : 04:10.57 (00:35.36) 400m : 04:45.90 (00:35.33)		
7	BRINDEJONC Juline (2006) FRA PAUL Lucie (2009) FRA HADJIDJ Lina (2006) FRA LEGER Katell (2006) FRA	ES MASSY NATATION	10:06.24	853 pts
		50m : 00:31.33 (00:31.33) 100m : 01:05.36 (00:34.03) 150m : 01:40.73 (00:35.37) 200m : 02:15.52 (00:34.79) 250m : 02:53.70 (00:38.18) 300m : 03:38.55 (00:44.85) 350m : 04:26.59 (00:48.04) 400m : 05:12.54 (00:45.95)		
8	BEAUDRON Leann (2003) FRA BENTERKI Syrine (2005) FRA DANGER Clara (2002) FRA FIDON Louna (2005) FRA	EN LONGJUMEAU	10:06.45	852 pts
		50m : 00:33.76 (00:33.76) 100m : 01:11.16 (00:37.40) 150m : 01:50.84 (00:39.68) 200m : 02:30.94 (00:40.10) 250m : 03:06.22 (00:35.28) 300m : 03:45.19 (00:38.97) 350m : 04:25.34 (00:40.15) 400m : 05:05.59 (00:40.25)		
9	AREL-MASSOL Gloria (2008) FRA POUMAREDE Ariane (2006) FRA RICARD Elsa (2003) FRA	CN ST-MICHEL-SUR-ORGE	10:28.27	779 pts

Championnat Régional Interclubs TC - ILE-DE-FRANCE - MASSY (FRA)

Titre : Championnats Régionaux Interclubs TC - Poule K
Du Samedi 9 au Dimanche 10 Novembre 2019 - Bassin de : 25 m.

4x200 Nage Libre Dames - Séries (suite)

RABARIMAMPINANINA Sendra (2004) FRA															
50m :	00:35.95 (00:35.95)	100m :	01:15.96 (00:40.01)	150m :	01:56.90 (00:40.94)	200m :	02:36.08 (00:39.18)	250m :	03:11.43 (00:35.35)	300m :	03:52.74 (00:41.31)	350m :	04:35.27 (00:42.53)	400m :	05:14.53 (00:39.26)
10	ELIWA Kamila (2004) FRA	ES MASSY NATATION	10:47.50	717 pts											
NOUREDDINE Attika (2008) FRA															
SO Fatoumata (2007) FRA															
CASTEJON Garance (2005) FRA															
50m :	00:31.42 (00:31.42)	100m :	01:05.03 (00:33.61)	150m :	01:39.91 (00:34.88)	200m :	02:15.15 (00:35.24)	250m :	02:52.13 (00:36.98)	300m :	03:36.10 (00:43.97)	350m :	04:23.30 (00:47.20)	400m :	05:09.98 (00:46.63)
11	GEORGIAKAKIS Emmanuela-Rose (2005) FRA	CN ST-MICHEL-SUR-ORGE	11:37.52	569 pts											
CAETANO Lily (2009) FRA															
DIDIER Leylou (2008) FRA															
RAKOTOZAFY Hannah (2008) FRA															
50m :	00:39.68 (00:39.68)	100m :	01:23.59 (00:43.91)	150m :	02:10.67 (00:47.08)	200m :	02:55.07 (00:44.40)	250m :	03:36.15 (00:41.08)	300m :	04:23.23 (00:47.08)	350m :	05:10.04 (00:46.81)	400m :	05:55.34 (00:45.30)
12	CHASTAGNER Agathe (2006) FRA	ANTONY NATATION	12:15.17	468 pts											
HERRY Thelma (2009) FRA															
CLEMENT Julie (2009) FRA															
FLAVIN Coline (2006) FRA															
50m :	00:39.50 (00:39.50)	100m :	01:24.40 (00:44.90)	150m :	02:10.05 (00:45.65)	200m :	02:53.42 (00:43.37)	250m :	03:37.78 (00:44.36)	300m :	04:29.77 (00:51.99)	350m :	05:20.62 (00:50.85)	400m :	06:09.68 (00:49.06)
13	XAYGNABOUN-MOUNIER Laurine (2009) FRA	CA ORSAY	12:27.61	437 pts											
PAGES Camille (2009) FRA															
ROCHE Faustine (2009) FRA															
BERNARDOFF Jeanne (2009) FRA															
50m :	00:41.52 (00:41.52)	100m :	01:26.55 (00:45.03)	150m :	02:10.38 (00:43.83)	200m :	02:53.51 (00:43.13)	250m :	03:38.28 (00:44.77)	300m :	04:26.43 (00:48.15)	350m :	05:16.29 (00:49.86)	400m :	06:04.98 (00:48.69)
14	ATTIA Lina (2006) FRA	CO ULIS NATATION	12:39.64	408 pts											
LOUTREIN Melissa (2006) FRA															
DESRIVIERES-HAMY Ninon (2008) FRA															
MOURAD Sara (2007) FRA															
50m :	00:38.14 (00:38.14)	100m :	01:20.10 (00:41.96)	150m :	02:04.64 (00:44.54)	200m :	02:49.51 (00:44.87)	250m :	03:32.96 (00:43.45)	300m :	04:22.97 (00:50.01)	350m :	05:11.48 (00:48.51)	400m :	05:59.45 (00:47.97)
15	FERRY Cécile (1970) FRA	CA ORSAY	13:24.12	309 pts											
COQUARD POREZ Jeanne (2010) FRA															
LAVENANT Sasha (2010) FRA															
SUSPENE Clémence (2010) FRA															
50m :	00:36.95 (00:36.95)	100m :	01:17.34 (00:40.39)	150m :	01:57.90 (00:40.56)	200m :	02:39.18 (00:41.28)	250m :	03:29.59 (00:50.41)	300m :	04:26.72 (00:57.13)	350m :	05:25.37 (00:58.65)	400m :	06:17.38 (00:52.01)

4x100 4 Nages Dames - Séries (Dimanche 10 Novembre 2019)

1	ROBERT Jessica (2001) FRA	ES MASSY NATATION	04:45.41	1039 pts											
LENGLET Nolwenn (2002) FRA															
SIMOENS Lucille (2005) FRA															
ANASSE Valentine (2005) FRA															
50m :	00:35.16 (00:35.16)	100m :	01:12.09 (00:36.93)	150m :	01:51.06 (00:38.97)	200m :	02:35.43 (00:44.37)	250m :	03:06.86 (00:31.43)	300m :	03:42.91 (00:36.05)	350m :	04:12.94 (00:30.03)	400m :	04:45.41 (00:32.47)
2	DRAGIC Dzevka (1995) FRA	ES MASSY NATATION	04:47.06	1028 pts											
CHESNEAU Marine (1999) FRA															
FOURMY Marina (2003) FRA															
FOURMY Maëlys (2003) FRA															
50m :	00:36.02 (00:36.02)	100m :	01:16.11 (00:40.09)	150m :	01:52.13 (00:36.02)	200m :	02:34.01 (00:41.88)	250m :	03:06.13 (00:32.12)	300m :	03:44.43 (00:38.30)	350m :	04:14.17 (00:29.74)	400m :	04:47.06 (00:32.89)
3	MOUNIER Ilona (2004) FRA	ES MASSY NATATION	04:56.44	968 pts											
MOUNIER Manon (2006) FRA															
JOLY Morgane (2004) FRA															
REMY Lou (2009) FRA															
50m :	00:33.35 (00:33.35)	100m :	01:08.40 (00:35.05)	150m :	01:47.58 (00:39.18)	200m :	02:32.30 (00:44.72)	250m :	03:03.13 (00:30.83)	300m :	03:38.62 (00:35.49)	350m :	04:14.36 (00:35.74)	400m :	04:56.44 (00:42.08)
4	MOUNIER Anouk (2007) FRA	CA ORSAY	05:05.64	911 pts											

4x100 4 Nages Dames - Séries (suite)

FAUQUANT Maiwenn (2004) FRA											
DUCAUROY Aude (2002) FRA											
MIALOT Maud (2003) FRA											
50m : 00:40.50 (00:40.50)	100m : 01:22.41 (00:41.91)	150m : 02:00.88 (00:38.47)	200m : 02:45.90 (00:45.02)	250m : 03:20.93 (00:35.03)	300m : 04:02.12 (00:41.19)	350m : 04:32.95 (00:30.83)	400m : 05:05.64 (00:32.69)				
5 FOINY Anaëlle (1997) FRA	ANTONY NATATION	05:07.14	901 pts								
DUPUIS Lise (2006) FRA											
DONOT Lilou (2006) FRA											
BUI Julianne (2006) FRA											
50m : 00:33.82 (00:33.82)	100m : 01:11.07 (00:37.25)	150m : 01:50.02 (00:38.95)	200m : 02:34.16 (00:44.14)	250m : 03:13.42 (00:39.26)	300m : 04:02.13 (00:48.71)	350m : 04:32.39 (00:30.26)	400m : 05:07.14 (00:34.75)				
6 MJAHED Sirine (2007) FRA	ES MASSY NATATION	05:07.38	900 pts								
ANGELE Loulia (2007) FRA											
DOUILLET Ionah (2007) FRA											
ARAGONES Roxane (2007) FRA											
50m : 00:34.62 (00:34.62)	100m : 01:11.39 (00:36.77)	150m : 01:52.00 (00:40.61)	200m : 02:39.39 (00:47.39)	250m : 03:14.32 (00:34.93)	300m : 03:56.97 (00:42.65)	350m : 04:30.76 (00:33.79)	400m : 05:07.38 (00:36.62)				
7 BENTERKI Syrine (2005) FRA	EN LONGJUMEAU	05:11.33	876 pts								
FIDON Louna (2005) FRA											
DANGER Clara (2002) FRA											
BEAUDRON Leann (2003) FRA											
50m : 00:39.63 (00:39.63)	100m : 01:21.91 (00:42.28)	150m : 02:04.44 (00:42.53)	200m : 02:52.51 (00:48.07)	250m : 03:24.59 (00:32.08)	300m : 04:03.44 (00:38.85)	350m : 04:35.66 (00:32.22)	400m : 05:11.33 (00:35.67)				
8 BRINDEJONC Juline (2006) FRA	ES MASSY NATATION	05:15.10	853 pts								
HADJIDJ Lina (2006) FRA											
LEGER Katell (2006) FRA											
PAUL Lucie (2009) FRA											
50m : 00:33.72 (00:33.72)	100m : 01:09.13 (00:35.41)	150m : 01:53.06 (00:43.93)	200m : 02:42.13 (00:49.07)	250m : 03:14.38 (00:32.25)	300m : 03:53.31 (00:38.93)	350m : 04:31.53 (00:38.22)	400m : 05:15.10 (00:43.57)				
9 RABARIMAPIANINA Sendra (2004) FRA	CN ST-MICHEL-SUR-ORGE	05:23.93	802 pts								
POUMAREDE Ariane (2006) FRA											
AREL-MASSOL Gloria (2008) FRA											
RICARD Elsa (2003) FRA											
50m : 00:37.97 (00:37.97)	100m : 01:18.46 (00:40.49)	150m : 02:00.36 (00:41.90)	200m : 02:49.21 (00:48.85)	250m : 03:28.11 (00:38.90)	300m : 04:13.28 (00:45.17)	350m : 04:46.53 (00:33.25)	400m : 05:23.93 (00:37.40)				
10 CASTEJON Garance (2005) FRA	ES MASSY NATATION	05:28.66	775 pts								
NOUREDDINE Attika (2008) FRA											
ELIWA Kamila (2004) FRA											
MEHLHORN Frédérique (1992) FRA											
50m : 00:33.70 (00:33.70)	100m : 01:08.35 (00:34.65)	150m : 01:55.96 (00:47.61)	200m : 02:49.67 (00:53.71)	250m : 03:23.08 (00:33.41)	300m : 04:02.64 (00:39.56)	350m : 04:41.57 (00:38.93)	400m : 05:28.66 (00:47.09)				
11 GEORGIAKAKIS Olympia (2003) FRA	CN ST-MICHEL-SUR-ORGE	06:03.40	590 pts								
RAKOTOZAFY Hannah (2008) FRA											
DIDIER Leylou (2008) FRA											
CAETANO Lily (2009) FRA											
50m : 00:44.23 (00:44.23)	100m : 01:33.06 (00:48.83)	150m : 02:19.61 (00:46.55)	200m : 03:12.62 (00:53.01)	250m : 03:52.58 (00:39.96)	300m : 04:42.29 (00:49.71)	350m : 05:20.58 (00:38.29)	400m : 06:03.40 (00:42.82)				
12 PAGES Camille (2009) FRA	CA ORSAY	06:21.34	505 pts								
OBLED Zoé (2007) FRA											
XAYGNABOUN-MOUNIER Laurine (2009) FRA											
ROCHE Faustine (2009) FRA											
50m : 00:48.78 (00:48.78)	100m : 01:39.28 (00:50.50)	150m : 02:25.12 (00:45.84)	200m : 03:17.87 (00:52.75)	250m : 04:01.67 (00:43.80)	300m : 04:50.68 (00:49.01)	350m : 05:33.50 (00:42.82)	400m : 06:21.34 (00:47.84)				
13 DESRIVIERES-HAMY Ninon (2008) FRA	CO ULIS NATATION	06:24.15	492 pts								
ATTIA Lina (2006) FRA											
DESOUZA SPENCER Jayla (2007) FRA											
LOUTREIN Melissa (2006) FRA											
50m : 00:46.60 (00:46.60)	100m : 01:37.51 (00:50.91)	150m : 02:21.04 (00:43.53)	200m : 03:14.63 (00:53.59)	250m : 04:04.00 (00:49.37)	300m : 05:04.79 (01:00.79)	350m : 05:42.44 (00:37.65)	400m : 06:24.15 (00:41.71)				

4x100 4 Nages Dames - Séries (suite)

14 CHASTAGNER Agathe (2006) FRA	ANTONY NATATION	06:25.96	484 pts
HEZARD Maelie (2009) FRA			
CLEMENT Julie (2009) FRA			
FLAVIN Coline (2006) FRA			
50m : 00:45.12 (00:45.12) 100m : 01:32.12 (00:47.00) 150m : 02:24.05 (00:51.93) 200m : 03:21.55 (00:57.50) 250m : 04:08.44 (00:46.89) 300m : 05:04.44 (00:56.00) 350m : 05:43.51 (00:39.07) 400m : 06:25.96 (00:42.45)			
15 HAIDA Naëlle (2010) FRA	CA ORSAY	07:41.42	205 pts
COQUARD POREZ Jeanne (2010) FRA			
LAVENANT Sasha (2010) FRA			
SUSPENE Clémence (2010) FRA			
50m : 00:59.67 (00:59.67) 100m : 02:02.80 (01:03.13) 150m : 02:59.82 (00:57.02) 200m : 04:03.10 (01:03.28) 250m : 04:57.67 (00:54.57) 300m : 06:05.95 (01:08.28) 350m : 06:50.95 (00:45.00) 400m : 07:41.42 (00:50.47)			

10x50 Nage Libre Dames - Séries (Samedi 9 Novembre 2019)

1 BUI Julianne (2006) FRA	ANTONY NATATION	05:17.10	986 pts
DOMINICE Eva (1995) FRA			
MALSCH Clémence (2009) FRA			
FOINY Anaëlle (1997) FRA			
DOMINICE Laura (1993) FRA			
BELKHELLADI Ines (2008) FRA			
VUILLEMIN Louane (2008) FRA			
CHATTUAIS Daphné (2007) FRA			
DONOT Lilou (2006) FRA			
DUPUIS Lise (2006) FRA			
50m : 00:29.34 (00:29.34) 100m : 01:01.34 (00:32.00) 150m : 01:35.49 (00:34.15) 200m : 02:05.81 (00:30.32) 250m : 02:35.92 (00:30.11) 300m : 03:07.87 (00:31.95) 350m : 03:42.21 (00:34.34) 400m : 04:16.06 (00:33.85) 450m : 04:50.40 (00:34.34)			
2 SAUTEREAU Marie (2004) FRA	CA ORSAY	05:18.05	981 pts
FAUQUANT Maïwenn (2004) FRA			
TRENT Axelle (2004) FRA			
DUCAUROY Aude (2002) FRA			
LE BRUN Fanny (1998) FRA			
MOUNIER Anouk (2007) FRA			
CHAMPAGNE Valérie (2007) FRA			
COQUARD POREZ Rose (2007) FRA			
LLOYD Rose (2007) FRA			
MIALOT Maud (2003) FRA			
50m : 00:30.94 (00:30.94) 100m : 01:01.35 (00:30.41) 150m : 01:32.81 (00:31.46) 200m : 02:03.70 (00:30.89) 250m : 02:36.93 (00:33.23) 300m : 03:08.90 (00:31.97) 350m : 03:41.18 (00:32.28) 400m : 04:16.34 (00:35.16) 450m : 04:50.40 (00:34.06)			
3 FOURMY Marina (2003) FRA	ES MASSY NATATION	05:19.10	976 pts
FOURMY Maëlys (2003) FRA			
CHESNEAU Justine (2003) FRA			
CHESNEAU Marine (1999) FRA			
MENINGAND Lorena (1997) FRA			
MENINGAND Coraline (1995) FRA			
CANET Lucie (1995) FRA			
DAILLOUX Marion (1995) FRA			
DRAGIC Dzevka (1995) FRA			
MIQUELESTORENA Vanessa (1986) FRA			
50m : 00:29.47 (00:29.47) 100m : 00:58.47 (00:29.00) 150m : 01:31.75 (00:33.28) 200m : 02:01.47 (00:29.72) 250m : 02:32.79 (00:31.32) 300m : 03:09.47 (00:36.68) 350m : 03:45.37 (00:35.90) 400m : 04:19.08 (00:33.71) 450m : 04:50.40 (00:31.32)			
4 RABARIMAMPANINA Sendra (2004) FRA	CN ST-MICHEL-SUR-ORGE	05:29.12	924 pts
BILIEEN Katia (1994) FRA			

10x50 Nage Libre Dames - Séries (suite)

RICARD Elsa (2003) FRA
RIMBERT Mathilde (2002) FRA
POUMAREDE Ariane (2006) FRA
TETART Romane (2007) FRA
BOUTIN Melina (2007) FRA
CISSE Maïwenn (2007) FRA
SKOUMAS Stéphanie (2006) FRA
AREL-MASSOL Gloria (2008) FRA
50m : 00:31.13 (00:31.13) 100m : 01:02.42 (00:31.29) 150m : 01:34.05 (00:31.63) 200m : 02:05.99 (00:31.94) 250m : 02:39.03 (00:33.04) 300m : 03:14.60 (00:35.57) 350m : 03:48.98 (00:34.38) 400m : 04:22.57 (00:33.59) 450m : 04:56.56 (00:33.99)

5 DUFOUR Clothilde (2009) FRA **ES MASSY NATATION** **05:32.43** **907 pts**
HUCHETTE GERARD Siloë (2010) FRA
CAUTY Ninon (2010) FRA
MEHIGUENI Myriam (2010) FRA
ANASSE Valentine (2005) FRA
SIMOENS Lucille (2005) FRA
LENGLET Nolwenn (2002) FRA
ROBERT Jessica (2001) FRA
PASQUET Stéphanie (1982) FRA
BACCHETTA Marine (1991) FRA
50m : 00:37.14 (00:37.14) 100m : 01:13.09 (00:35.95) 150m : 01:56.43 (00:43.34) 200m : 02:36.01 (00:39.58) 250m : 03:04.34 (00:28.33) 300m : 03:32.51 (00:28.17) 350m : 04:02.17 (00:29.66) 400m : 04:31.51 (00:29.34) 450m : 05:00.85 (00:29.34)

6 JULIEN Cassandre (2005) FRA **EN LONGJUMEAU** **05:43.50** **851 pts**
GROHMANN Penelope (2007) FRA
BEAUDRON Leann (2003) FRA
FIDON Louna (2005) FRA
BENTERKI Syrine (2005) FRA
ALIOUA Aldjia Anies (2007) FRA
DECHES Elise (2007) FRA
MICHAUD Eliza (2007) FRA
LE GOFF Maëlie (2010) FRA
DANGER Clara (2002) FRA
50m : 00:36.70 (00:36.70) 100m : 01:12.32 (00:35.62) 150m : 01:43.12 (00:30.80) 200m : 02:15.90 (00:32.78) 250m : 02:48.79 (00:32.89) 300m : 03:23.49 (00:34.70) 350m : 04:00.91 (00:37.42) 400m : 04:34.96 (00:34.05) 450m : 05:09.01 (00:34.05)

7 REMY Lou (2009) FRA **ES MASSY NATATION** **05:44.64** **846 pts**
HORDESSEAUX Roxanne (2009) FRA
SAID Kourya (2010) FRA
LORENZI Noa (2010) FRA
STRADY Clementine (2010) FRA
JOLY Morgane (2004) FRA
MOUNIER Manon (2006) FRA
MOUNIER Ilona (2004) FRA
KABICHE Valérie (1972) FRA
LOSCHI Lea (1998) FRA
50m : 00:34.34 (00:34.34) 100m : 01:11.75 (00:37.41) 150m : 01:56.31 (00:44.56) 200m : 02:36.33 (00:40.02) 250m : 03:11.76 (00:35.43) 300m : 03:40.88 (00:29.12) 350m : 04:11.16 (00:30.28) 400m : 04:41.45 (00:30.29) 450m : 05:11.74 (00:30.29)

8 ARAGONES Roxane (2007) FRA **ES MASSY NATATION** **05:57.64** **783 pts**
DOUILLET Ionnah (2007) FRA
MJAHED Sirine (2007) FRA
ANGELE Loulia (2007) FRA

10x50 Nage Libre Dames - Séries (suite)

DESOUZA SPENCER Jayla (2007) FRA																	
ATTIA Lina (2006) FRA																	
MOURAD Sara (2007) FRA																	
DESRIVIERES-HAMY Ninon (2008) FRA																	
50m :	00:33.98 (00:33.98)	100m :	01:15.46 (00:41.48)	150m :	01:59.73 (00:44.27)	200m :	02:41.76 (00:42.03)	250m :	03:25.90 (00:44.14)	300m :	03:58.14 (00:32.24)	350m :	04:34.84 (00:36.70)	400m :	05:06.80 (00:31.96)	450m :	
13	STEENKESTE Lily (2009) FRA	CA ORSAY								06:27.82	648 pts						
BERNARDOFF Jeanne (2009) FRA																	
TRANCOSO Ines (2009) FRA																	
PAGES Camille (2009) FRA																	
MARTI BROSE Ainoa (2009) FRA																	
OBLED Zoé (2007) FRA																	
MOUGEOTTE Juliette (2003) FRA																	
MARTI BROSE Malena (2007) FRA																	
XAYGNABOUN-MOUNIER Laurine (2009) FRA																	
ROCHE Faustine (2009) FRA																	
50m :	00:38.00 (00:38.00)	100m :	01:16.27 (00:38.27)	150m :	01:55.27 (00:39.00)	200m :	02:37.30 (00:42.03)	250m :	03:24.79 (00:47.49)	300m :	04:01.27 (00:36.48)	350m :	04:36.29 (00:35.02)	400m :	05:15.46 (00:39.17)	450m :	
14	HERRY Thelma (2009) FRA	ANTONY NATATION								06:32.32	628 pts						
THOREL Colyne (2009) FRA																	
KANAMORI Zoe (2009) FRA																	
DUBOIS Maëlys (2009) FRA																	
DONOT Tess (2009) FRA																	
FLAVIN Coline (2006) FRA																	
JEBIR Hajar (2006) FRA																	
CHASTAGNER Agathe (2006) FRA																	
HEZARD Maelie (2009) FRA																	
CLEMENT Julie (2009) FRA																	
50m :	00:39.45 (00:39.45)	100m :	01:21.06 (00:41.61)	150m :	02:04.61 (00:43.55)	200m :	02:45.63 (00:41.02)	250m :	03:25.81 (00:40.18)	300m :	04:01.96 (00:36.15)	350m :	04:37.15 (00:35.19)	400m :	05:14.40 (00:37.25)	450m :	
15	SMAH Chiraz (2011) FRA	CA ORSAY								07:47.25	352 pts						
OUADI Aya (2011) FRA																	
BENARD Mélina (2011) FRA																	
HATRY Mélissandre (2011) FRA																	
TOBJI Nourhane (2011) FRA																	
LAVENANT Sasha (2010) FRA																	
HAIDA Naëlle (2010) FRA																	
FERRY Cécile (1970) FRA																	
COQUARD POREZ Jeanne (2010) FRA																	
SUSPENE Clémence (2010) FRA																	
50m :	00:49.76 (00:49.76)	100m :	01:38.43 (00:48.67)	150m :	02:35.98 (00:57.55)	200m :	03:23.86 (00:47.88)	250m :	04:16.94 (00:53.08)	300m :	04:59.90 (00:42.96)	350m :	05:45.50 (00:45.60)	400m :	06:18.11 (00:32.61)	450m :	

100 Nage Libre Messieurs - Séries (Dimanche 10 Novembre 2019)

1	PHUNG Quentin (1997) FRA	ANTONY NATATION	00:57.81	998 pts
			50m : 00:27.32 (00:27.32)	100m : 00:57.81 (00:30.49)
2	BROCHARD Kevin (1994) FRA	CN ST-MICHEL-SUR-ORGE	00:59.48	946 pts
			50m : 00:27.46 (00:27.46)	100m : 00:59.48 (00:32.02)
3	COCHARD Mathieu (2004) FRA	ES MASSY NATATION	01:02.00	870 pts
			50m : 00:28.88 (00:28.88)	100m : 01:02.00 (00:33.12)
4	MOKHFI Anis (1997) FRA	ES MASSY NATATION	01:02.55	854 pts
			50m : 00:29.24 (00:29.24)	100m : 01:02.55 (00:33.31)
5	GALIBERT Yann (1994) FRA	CN ST-MICHEL-SUR-ORGE	01:05.15	779 pts
			50m : 00:31.28 (00:31.28)	100m : 01:05.15 (00:33.87)

Championnat Régional Interclubs TC - ILE-DE-FRANCE - MASSY (FRA)

Titre : Championnats Régionaux Interclubs TC - Poule K
Du Samedi 9 au Dimanche 10 Novembre 2019 - Bassin de : 25 m.

100 Nage Libre Messieurs - Séries (suite)

6	ARAGONES Paul (2004) FRA	ES MASSY NATATION	01:05.27	776 pts
			50m : 00:29.24 (00:29.24) 100m : 01:05.27 (00:36.03)	
7	NEUVILLE Marin (2007) FRA	CA ORSAY	01:05.95	757 pts
			50m : 00:31.00 (00:31.00) 100m : 01:05.95 (00:34.95)	
8	GRANDIN-MARTIN Sebastien (1973) FRA	ES MASSY NATATION	01:06.39	745 pts
			50m : 00:30.94 (00:30.94) 100m : 01:06.39 (00:35.45)	
9	MITTOU Jayen (2003) FRA	ES MASSY NATATION	01:06.52	742 pts
			50m : 00:31.36 (00:31.36) 100m : 01:06.52 (00:35.16)	
10	BRISSON Jeffrey (1998) FRA	ES MASSY NATATION	01:11.02	624 pts
			50m : 00:33.06 (00:33.06) 100m : 01:11.02 (00:37.96)	
11	DEROUELLE Estève (2008) FRA	CA ORSAY	01:18.57	450 pts
			50m : 00:37.46 (00:37.46) 100m : 01:18.57 (00:41.11)	
12	BARRIER Stéphane (1973) FRA	CA ORSAY	01:23.59	350 pts
			50m : 00:38.78 (00:38.78) 100m : 01:23.59 (00:44.81)	
13	DELACROIX Theodore (2009) FRA	ANTONY NATATION	01:27.68	277 pts
			50m : 00:39.67 (00:39.67) 100m : 01:27.68 (00:48.01)	
14	EL GHAZI Yacine (2009) FRA	EN LONGJUMEAU	01:31.02	225 pts
			50m : 00:41.25 (00:41.25) 100m : 01:31.02 (00:49.77)	
15	DANGUY Mathis (2008) FRA	CO ULIS NATATION	01:41.99	90 pts
			50m : 00:45.17 (00:45.17) 100m : 01:41.99 (00:56.82)	
16	HAMZAWI Arthur (2010) FRA	CA ORSAY	01:47.12	48 pts
			50m : 00:50.95 (00:50.95) 100m : 01:47.12 (00:56.17)	

400 Nage Libre Messieurs - Séries (Samedi 9 Novembre 2019)

1	TCHOUAR Imed (1994) ALG	ANTONY NATATION	04:17.25	1060 pts
			50m : 00:28.72 (00:28.72) 100m : 00:59.93 (00:31.21) 150m : 01:32.00 (00:32.07) 200m : 02:04.78 (00:32.78) 250m : 02:39.23 (00:32.62) 300m : 03:10.65 (00:33.25) 350m : 03:44.07 (00:33.42) 400m : 04:17.25 (00:33.18)	
2	LAJIC Anthony (2002) FRA	ES MASSY NATATION	04:20.24	1036 pts
			50m : 00:27.93 (00:27.93) 100m : 00:58.97 (00:31.04) 150m : 01:31.39 (00:32.42) 200m : 02:05.85 (00:34.46) 250m : 02:39.23 (00:33.38) 300m : 03:14.18 (00:34.95) 350m : 03:47.65 (00:33.47) 400m : 04:20.24 (00:32.59)	
3	BLAISE Arthur (2005) FRA	ES MASSY NATATION	04:24.27	1004 pts
			50m : 00:28.39 (00:28.39) 100m : 01:00.99 (00:32.60) 150m : 01:35.97 (00:34.98) 200m : 02:10.09 (00:34.12) 250m : 02:44.30 (00:34.21) 300m : 03:18.38 (00:34.08) 350m : 03:52.23 (00:33.85) 400m : 04:24.27 (00:32.04)	
4	TRYOEN Jonathan (1986) FRA	CA ORSAY	04:30.16	958 pts
			50m : 00:31.22 (00:31.22) 100m : 01:03.78 (00:32.56) 150m : 01:36.91 (00:33.13) 200m : 02:10.87 (00:33.96) 250m : 02:45.01 (00:34.14) 300m : 03:20.40 (00:35.39) 350m : 03:55.40 (00:35.00) 400m : 04:30.16 (00:34.76)	
5	JULIEN Tristan (2002) FRA	EN LONGJUMEAU	04:32.50	940 pts
			50m : 00:28.34 (00:28.34) 100m : 01:00.54 (00:32.20) 150m : 01:34.73 (00:34.19) 200m : 02:09.65 (00:34.92) 250m : 02:45.09 (00:35.44) 300m : 03:20.84 (00:35.75) 350m : 03:56.84 (00:36.00) 400m : 04:32.50 (00:35.66)	
6	BOUABDELLAH Yassine (2005) FRA	ES MASSY NATATION	04:37.19	905 pts
			50m : 00:30.02 (00:30.02) 100m : 01:09.68 (00:39.66) 150m : 01:38.53 (00:28.85) 200m : 02:14.03 (00:35.50) 250m : 02:49.52 (00:35.49) 300m : 03:25.59 (00:36.07) 350m : 04:02.21 (00:36.62) 400m : 04:37.19 (00:34.98)	
7	FAURE Hugo (1999) FRA	CA ORSAY	04:40.33	882 pts
			50m : 00:30.67 (00:30.67) 100m : 01:04.60 (00:33.93) 150m : 01:38.18 (00:33.58) 200m : 02:13.61 (00:35.43) 250m : 02:49.23 (00:35.62) 300m : 03:25.94 (00:36.71) 350m : 04:03.23 (00:37.29) 400m : 04:40.33 (00:37.10)	
8	ABER Valentin (2007) FRA	ES MASSY NATATION	04:55.04	777 pts
			50m : 00:33.87 (00:33.87) 100m : 01:10.96 (00:37.09) 150m : 01:49.31 (00:38.35) 200m : 02:26.45 (00:37.14) 250m : 03:04.06 (00:37.61) 300m : 03:41.33 (00:37.27) 350m : 04:19.03 (00:37.70) 400m : 04:55.04 (00:36.01)	
9	TRÉBOSC Samy (2007) FRA	ES MASSY NATATION	05:10.75	672 pts
			50m : 00:34.25 (00:34.25) 100m : 01:12.29 (00:38.04) 150m : 01:51.90 (00:39.61) 200m : 02:32.40 (00:40.50) 250m : 03:11.83 (00:39.43) 300m : 03:51.80 (00:39.97) 350m : 04:32.44 (00:40.64) 400m : 05:10.75 (00:38.31)	
10	BOLLÉA Adan (2005) FRA	CN ST-MICHEL-SUR-ORGE	05:27.10	571 pts
			50m : 00:33.37 (00:33.37) 100m : 01:12.20 (00:38.83) 150m : 01:53.20 (00:41.00) 200m : 02:35.51 (00:42.31) 250m : 03:18.64 (00:43.13) 300m : 04:03.06 (00:44.42) 350m : 04:46.36 (00:43.30) 400m : 05:27.10 (00:40.74)	
11	CLEMENT Xavier (2006) FRA	ANTONY NATATION	05:42.98	481 pts
			50m : 00:36.84 (00:36.84) 100m : 01:19.50 (00:42.66) 150m : 02:03.40 (00:43.90) 200m : 02:47.34 (00:43.94) 250m : 03:32.17 (00:44.83) 300m : 04:17.27 (00:45.10) 350m : 05:00.31 (00:43.04) 400m : 05:42.98 (00:42.67)	
12	LOUAMI Salim (2006) FRA	CN ST-MICHEL-SUR-ORGE	05:46.71	461 pts
			50m : 00:35.93 (00:35.93) 100m : 01:18.71 (00:42.78) 150m : 02:03.58 (00:44.87) 200m : 02:49.15 (00:45.57) 250m : 03:34.31 (00:45.16) 300m : 04:18.95 (00:44.64) 350m : 05:02.59 (00:43.64) 400m : 05:46.71 (00:44.12)	
13	COLSON Noah (2008) FRA	ES MASSY NATATION	05:46.96	460 pts
			50m : 00:37.81 (00:37.81) 100m : 01:20.78 (00:42.97) 150m : 02:05.26 (00:44.48) 200m : 02:50.48 (00:45.22) 250m : 03:34.97 (00:44.49) 300m : 04:20.18 (00:45.21) 350m : 05:03.45 (00:43.27) 400m : 05:46.96 (00:43.51)	
14	BAMIERE Enzo (2009) FRA	CO ULIS NATATION	06:48.05	192 pts
			50m : 00:43.25 (00:43.25) 100m : 01:34.88 (00:51.63) 150m : 02:27.01 (00:52.13) 200m : 03:19.90 (00:52.89) 250m : 04:14.37 (00:54.47) 300m : 05:06.45 (00:52.08) 350m : 05:58.84 (00:52.39) 400m : 06:48.05 (00:49.21)	
15	MACEL Christophe (1969) FRA	CA ORSAY	06:55.15	169 pts
			50m : 00:46.71 (00:46.71) 100m : 01:38.28 (00:51.57) 150m : 02:31.07 (00:52.79) 200m : 03:23.75 (00:52.68) 250m : 04:17.50 (00:53.75) 300m : 05:10.36 (00:52.86) 350m : 06:03.47 (00:53.11) 400m : 06:55.15 (00:51.68)	

400 Nage Libre Messieurs - Séries (suite)

16 KERFORN Paul (2011) FRA

CA ORSAY **07:38.19** **59 pts**
50m : 00:46.23 (00:46.23) 100m : 01:43.13 (00:56.90) 150m : 02:44.33 (01:01.20) 200m : 03:44.72 (01:00.39)
250m : 04:43.09 (00:58.37) 300m : 05:41.30 (00:58.21) 350m : 06:42.11 (01:00.81) 400m : 07:38.19 (00:56.08)

100 Dos Messieurs - Séries (Dimanche 10 Novembre 2019)

1 DJENDOUCI Ryad (1988) ALG

ANTONY NATATION **00:58.65** **1143 pts**
50m : 00:27.62 (00:27.62) 100m : 00:58.65 (00:31.03)

2 JOUVION Matthieu (1988) FRA

ES MASSY NATATION **01:01.85** **1054 pts**
50m : 00:29.45 (00:29.45) 100m : 01:01.85 (00:32.40)

3 COUBLE Tom (2001) FRA

ES MASSY NATATION **01:05.49** **957 pts**
50m : 00:30.40 (00:30.40) 100m : 01:05.49 (00:35.09)

4 JACOLOT Baptiste (2000) FRA

ES MASSY NATATION **01:07.69** **901 pts**
50m : 00:32.10 (00:32.10) 100m : 01:07.69 (00:35.59)

5 ARAUJO Stéphane (1991) FRA

CN ST-MICHEL-SUR-ORGE **01:08.57** **879 pts**
50m : 00:32.20 (00:32.20) 100m : 01:08.57 (00:36.37)

6 LAFLEUR Vincent (1996) FRA

CA ORSAY **01:08.64** **877 pts**
50m : 00:33.13 (00:33.13) 100m : 01:08.64 (00:35.51)

7 SAUTEREAU Benjamin (1997) FRA

CA ORSAY **01:15.67** **710 pts**
50m : 00:36.28 (00:36.28) 100m : 01:15.67 (00:39.39)

8 JLAIEL Yanis (2005) FRA

ES MASSY NATATION **01:16.54** **691 pts**
50m : 00:36.73 (00:36.73) 100m : 01:16.54 (00:39.81)

9 DELAUNE Arnaud (1975) FRA

ES MASSY NATATION **01:33.59** **365 pts**
50m : 00:44.16 (00:44.16) 100m : 01:33.59 (00:49.43)

10 PICALAU Ilia (2009) MDA

CN ST-MICHEL-SUR-ORGE **01:37.27** **309 pts**
50m : 00:46.32 (00:46.32) 100m : 01:37.27 (00:50.95)

11 MICHAUD Robin (2010) FRA

EN LONGJUMEAU **01:40.28** **266 pts**
50m : 00:50.54 (00:50.54) 100m : 01:40.28 (00:49.74)

12 DAVID Renan (2009) FRA

CA ORSAY **01:40.60** **261 pts**
50m : 00:50.66 (00:50.66) 100m : 01:40.60 (00:49.94)

13 DELECOLLE Jules (2009) FRA

ANTONY NATATION **01:44.65** **209 pts**
50m : 00:52.20 (00:52.20) 100m : 01:44.65 (00:52.45)

14 TRÉBOSC Yanis (2011) FRA

ES MASSY NATATION **01:51.84** **131 pts**
50m : 00:53.87 (00:53.87) 100m : 01:51.84 (00:57.97)

15 MARQUES Quentin (2010) FRA

CA ORSAY **01:59.44** **68 pts**

--- EL GUERAINAT Nassim (2006) FRA

CO ULIS NATATION **DSQ**

200 Dos Messieurs - Séries (Samedi 9 Novembre 2019)

1 DUPUIS Remi (2002) FRA

ANTONY NATATION **02:15.02** **1027 pts**
50m : 00:31.12 (00:31.12) 100m : 01:04.98 (00:33.86) 150m : 01:40.15 (00:35.17) 200m : 02:15.02 (00:34.87)

2 LEDEY Vincent (1976) FRA

CA ORSAY **02:22.41** **930 pts**
50m : 00:32.87 (00:32.87) 100m : 01:10.34 (00:37.47) 150m : 01:47.62 (00:37.28) 200m : 02:22.41 (00:34.79)

3 LAVIGNE Mathieu (2003) FRA

ES MASSY NATATION **02:23.71** **914 pts**
50m : 00:32.81 (00:32.81) 100m : 01:09.43 (00:36.62) 150m : 01:47.33 (00:37.90) 200m : 02:23.71 (00:36.38)

4 MIALOT Rémi (2005) FRA

CA ORSAY **02:24.36** **905 pts**
50m : 00:32.87 (00:32.87) 100m : 01:10.34 (00:37.47) 150m : 01:47.62 (00:37.28) 200m : 02:24.36 (00:36.74)

5 BOCQUEL Tristan (2004) FRA

CN ST-MICHEL-SUR-ORGE **02:32.66** **804 pts**
50m : 00:33.73 (00:33.73) 100m : 01:11.72 (00:37.99) 150m : 01:52.35 (00:40.63) 200m : 02:32.66 (00:40.31)

6 KANAMORI Valentin (2006) FRA

ANTONY NATATION **02:56.30** **548 pts**
50m : 00:41.96 (00:41.96) 100m : 01:26.32 (00:44.36) 150m : 02:11.77 (00:45.45) 200m : 02:56.30 (00:44.53)

7 SABATIER Francois-Xavier (2005) FRA

CA ORSAY **02:57.57** **535 pts**
50m : 00:40.22 (00:40.22) 100m : 01:26.21 (00:45.99) 150m : 02:13.06 (00:46.85) 200m : 02:57.57 (00:44.51)

8 DJERROUF Samy (2008) FRA

ES MASSY NATATION **03:23.28** **315 pts**
50m : 00:47.78 (00:47.78) 100m : 01:39.84 (00:52.06) 150m : 02:32.46 (00:52.62) 200m : 03:23.28 (00:50.82)

9 HUREL Tristan (2009) FRA

ES MASSY NATATION **03:26.52** **291 pts**
50m : 00:48.00 (00:48.00) 100m : 01:40.61 (00:52.61) 150m : 02:33.78 (00:53.17) 200m : 03:26.52 (00:52.74)

10 DJERROUF Elyas (2008) FRA

ES MASSY NATATION **03:27.18** **287 pts**
50m : 00:49.24 (00:49.24) 100m : 01:41.96 (00:52.72) 150m : 02:35.15 (00:53.19) 200m : 03:27.18 (00:52.03)

11 EL OUARRADI Bilel (2009) FRA

ES MASSY NATATION **03:28.30** **279 pts**
50m : 00:49.91 (00:49.91) 100m : 01:43.13 (00:53.22) 150m : 02:37.07 (00:53.94) 200m : 03:28.30 (00:51.23)

12 CECCHETTO Liron (2010) FRA

CN ST-MICHEL-SUR-ORGE **03:30.82** **261 pts**
50m : 00:48.86 (00:48.86) 100m : 01:43.86 (00:55.00) 150m : 02:38.90 (00:55.04) 200m : 03:30.82 (00:51.92)

Championnat Régional Interclubs TC - ILE-DE-FRANCE - MASSY (FRA)

Titre : Championnats Régionaux Interclubs TC - Poule K
Du Samedi 9 au Dimanche 10 Novembre 2019 - Bassin de : 25 m.

200 Dos Messieurs - Séries (suite)

13	LEDEY Yohan (2010) FRA	CA ORSAY	03:44.34	178 pts
50m : 00:50.55 (00:50.55) 100m : 01:47.64 (00:57.09) 150m : 02:46.64 (00:59.00) 200m : 03:44.34 (00:57.70)				
14	YVON Guy (1945) FRA	EN LONGJUMEAU	03:51.24	141 pts
50m : 00:54.53 (00:54.53) 100m : 01:53.88 (00:59.35) 150m : 02:53.38 (00:59.50) 200m : 03:51.24 (00:57.86)				
15	JALLOH Ahmed-Tidiane (2007) FRA	CO ULIS NATATION	04:01.77	94 pts
50m : 00:53.84 (00:53.84) 100m : 01:56.50 (01:02.66) 150m : 03:00.84 (01:04.34) 200m : 04:01.77 (01:00.93)				
16	WIESKOTTEN Christophe (1964) FRA	ES MASSY NATATION	05:14.08	1 pts
50m : 01:13.61 (01:13.61) 100m : 02:34.64 (01:21.03) 150m : 03:57.23 (01:22.59) 200m : 05:14.08 (01:16.85)				

100 Brasse Messieurs - Séries (Dimanche 10 Novembre 2019)

1	GUILLAUME Vincent (2002) FRA	ES MASSY NATATION	01:13.04	980 pts
50m : 00:34.21 (00:34.21) 100m : 01:13.04 (00:38.83)				
2	RAVELOSON RASENDRA Mihaja (2003) FRA	ANTONY NATATION	01:16.01	909 pts
50m : 00:35.74 (00:35.74) 100m : 01:16.01 (00:40.27)				
3	SAUTEREAU Vincent (2000) FRA	CA ORSAY	01:17.03	885 pts
50m : 00:35.78 (00:35.78) 100m : 01:17.03 (00:41.25)				
4	DECHES Guillaume (1975) FRA	EN LONGJUMEAU	01:23.32	744 pts
50m : 00:39.44 (00:39.44) 100m : 01:23.32 (00:43.88)				
5	LEGER Jean-Francois (1973) FRA	ES MASSY NATATION	01:23.66	737 pts
50m : 00:39.10 (00:39.10) 100m : 01:23.66 (00:44.56)				
6	RENAUD Matthieu (2004) FRA	CN ST-MICHEL-SUR-ORGE	01:27.60	656 pts
50m : 00:41.12 (00:41.12) 100m : 01:27.60 (00:46.48)				
7	VYXIENH Yann (2008) FRA	ANTONY NATATION	01:29.62	616 pts
50m : 00:42.45 (00:42.45) 100m : 01:29.62 (00:47.17)				
8	DAVID Armel (2007) FRA	CA ORSAY	01:33.17	549 pts
50m : 00:43.24 (00:43.24) 100m : 01:33.17 (00:49.93)				
9	KERFORN Jean (2009) FRA	CA ORSAY	01:52.92	246 pts
50m : 00:53.91 (00:53.91) 100m : 01:52.92 (00:59.01)				
10	SERCIEN Jaylon (2010) FRA	ES MASSY NATATION	01:55.21	219 pts
50m : 00:54.51 (00:54.51) 100m : 01:55.21 (01:00.70)				
11	LATELLA GUILLEBAUD Leandre (2010) FRA	ES MASSY NATATION	01:59.27	174 pts
50m : 00:56.19 (00:56.19) 100m : 01:59.27 (01:03.08)				
12	BOUMENDJEL Khalil (2009) FRA	CO ULIS NATATION	02:02.04	147 pts
50m : 00:56.05 (00:56.05) 100m : 02:02.04 (01:05.99)				
13	HOCHEREAU Lucas (2010) FRA	ES MASSY NATATION	02:02.65	141 pts
50m : 00:57.68 (00:57.68) 100m : 02:02.65 (01:04.97)				
14	STOCKMANN Victor (2010) FRA	CN ST-MICHEL-SUR-ORGE	02:03.36	135 pts
50m : 00:59.80 (00:59.80) 100m : 02:03.36 (01:03.56)				
15	OBLED Jules (2010) FRA	CA ORSAY	02:10.25	79 pts
50m : 01:01.70 (01:01.70) 100m : 02:10.25 (01:08.55)				
---	HAMOUDA Adam (2010) FRA	ES MASSY NATATION	DSQ	

200 Brasse Messieurs - Séries (Samedi 9 Novembre 2019)

1	DJENDOUCI Badis (1988) ALG	ANTONY NATATION	02:33.13	1005 pts
50m : 00:35.04 (00:35.04) 100m : 01:19.83 (00:44.79) 150m : 01:52.81 (00:32.98) 200m : 02:33.13 (00:40.32)				
2	BELLUNE Kewan (2004) FRA	ES MASSY NATATION	02:46.55	846 pts
50m : 00:35.64 (00:35.64) 100m : 01:18.05 (00:42.41) 150m : 02:02.11 (00:44.06) 200m : 02:46.55 (00:44.44)				
3	SABATIER Jean-baptiste (2002) FRA	CA ORSAY	02:49.95	808 pts
50m : 00:36.21 (00:36.21) 100m : 01:18.46 (00:42.25) 150m : 02:03.32 (00:44.86) 200m : 02:49.95 (00:46.63)				
4	CLEMENT Gaetan (1997) FRA	EN LONGJUMEAU	02:50.97	797 pts
50m : 00:37.78 (00:37.78) 100m : 01:20.08 (00:42.30) 150m : 02:04.83 (00:44.75) 200m : 02:50.97 (00:46.14)				
5	ION Victor (2005) FRA	ES MASSY NATATION	03:09.60	605 pts
50m : 00:43.04 (00:43.04) 100m : 01:31.38 (00:48.34) 150m : 02:20.46 (00:49.08) 200m : 03:09.60 (00:49.14)				
6	WALLON Louis (2006) FRA	CA ORSAY	03:11.64	586 pts
50m : 00:40.74 (00:40.74) 100m : 01:29.85 (00:49.11) 150m : 02:20.82 (00:50.97) 200m : 03:11.64 (00:50.82)				
7	SERCIEN Jaden (2009) FRA	ES MASSY NATATION	03:30.14	424 pts
50m : 00:45.69 (00:45.69) 100m : 01:39.72 (00:54.03) 150m : 02:35.49 (00:55.77) 200m : 03:30.14 (00:54.65)				
8	EL MOUDIR Wassim (2009) FRA	ES MASSY NATATION	03:30.54	421 pts
50m : 00:47.41 (00:47.41) 100m : 01:41.11 (00:53.70) 150m : 02:37.32 (00:56.21) 200m : 03:30.54 (00:53.22)				
9	BENARABA Anis-Mohamed (2007) ALG	CN ST-MICHEL-SUR-ORGE	03:30.56	421 pts
50m : 00:49.00 (00:49.00) 100m : 01:43.77 (00:54.77) 150m : 02:38.79 (00:55.02) 200m : 03:30.56 (00:51.77)				

Championnat Régional Interclubs TC - ILE-DE-FRANCE - MASSY (FRA)

Titre : Championnats Régionaux Interclubs TC - Poule K
Du Samedi 9 au Dimanche 10 Novembre 2019 - Bassin de : 25 m.

200 Brasse Messieurs - Séries (suite)

10	COURALET TAPI Cohen (2009) FRA	ANTONY NATATION	03:31.84	411 pts
		50m : 00:44.80 (00:44.80) 100m : 01:37.60 (00:52.80) 150m : 02:33.70 (00:56.10) 200m : 03:31.84 (00:58.14)		
11	VAREILLAUD Lucas (2009) FRA	CN ST-MICHEL-SUR-ORGE	03:36.54	375 pts
		50m : 00:48.68 (00:48.68) 100m : 01:43.98 (00:55.30) 150m : 02:39.96 (00:55.98) 200m : 03:36.54 (00:56.58)		
12	ION Nicolas (2008) FRA	ES MASSY NATATION	03:40.68	344 pts
		50m : 00:49.59 (00:49.59) 100m : 01:46.02 (00:56.43) 150m : 02:43.98 (00:57.96) 200m : 03:40.68 (00:56.70)		
13	HADJIDJ Jalis (2010) FRA	ES MASSY NATATION	03:53.85	256 pts
		50m : 00:53.61 (00:53.61) 100m : 01:54.80 (01:01.19) 150m : 02:55.19 (01:00.39) 200m : 03:53.85 (00:58.66)		
14	GAOUI Elias (2009) FRA	CA ORSAY	04:05.62	188 pts
		50m : 00:53.88 (00:53.88) 100m : 01:56.12 (01:02.24) 150m : 03:01.23 (01:05.11) 200m : 04:05.62 (01:04.39)		
15	SAIDI Amir (2009) FRA	CO ULIS NATATION	04:08.63	172 pts
		50m : 00:55.34 (00:55.34) 100m : 01:58.02 (01:02.68) 150m : 03:03.55 (01:05.53) 200m : 04:08.63 (01:05.08)		
16	SAUTEREAU Jonathan (2011) FRA	CA ORSAY	04:12.03	155 pts
		50m : 00:58.20 (00:58.20) 100m : 02:03.03 (01:04.83) 150m : 03:03.53 (01:00.50) 200m : 04:12.03 (01:08.50)		

100 Papillon Messieurs - Séries (Dimanche 10 Novembre 2019)

1	EL SADANY Yann (1996) FRA	ES MASSY NATATION	01:02.06	1039 pts
		50m : 00:28.62 (00:28.62) 100m : 01:02.06 (00:33.44)		
2	ZAWADSKI Paul (2002) FRA	CA ORSAY	01:02.65	1022 pts
		50m : 00:29.17 (00:29.17) 100m : 01:02.65 (00:33.48)		
3	LACOSTE Jean (1999) FRA	CN ST-MICHEL-SUR-ORGE	01:05.94	934 pts
		50m : 00:29.61 (00:29.61) 100m : 01:05.94 (00:36.33)		
4	TULARD Floran (1996) FRA	EN LONGJUMEAU	01:11.34	797 pts
		50m : 00:30.84 (00:30.84) 100m : 01:11.34 (00:40.50)		
5	DJENNANE Aymen (2005) ALG	CA ORSAY	01:13.28	751 pts
		50m : 00:34.23 (00:34.23) 100m : 01:13.28 (00:39.05)		
6	BRAIZE Stann (2007) FRA	ES MASSY NATATION	01:16.45	678 pts
		50m : 00:35.46 (00:35.46) 100m : 01:16.45 (00:40.99)		
7	BOUCHARIN Teo (2006) FRA	ES MASSY NATATION	01:17.63	652 pts
		50m : 00:35.13 (00:35.13) 100m : 01:17.63 (00:42.50)		
8	MANOLE Maxim (2007) FRA	ES MASSY NATATION	01:18.50	633 pts
		50m : 00:37.27 (00:37.27) 100m : 01:18.50 (00:41.23)		
9	DELECOLLE Camille (2007) FRA	ANTONY NATATION	01:24.63	507 pts
		50m : 00:34.92 (00:34.92) 100m : 01:24.63 (00:49.71)		
10	VIRGAL-PRUNIER Chrystopher (2007) FRA	ES MASSY NATATION	01:26.07	480 pts
		50m : 00:35.92 (00:35.92) 100m : 01:26.07 (00:50.15)		
11	GUILLEMET Augustin (2008) FRA	CA ORSAY	01:30.89	393 pts
		50m : 00:42.36 (00:42.36) 100m : 01:30.89 (00:48.53)		
12	FARKAS-BAJAN Peter (2007) FRA	ES MASSY NATATION	01:31.16	389 pts
		50m : 00:41.21 (00:41.21) 100m : 01:31.16 (00:49.95)		
13	RAVELOSON RASENDRA Faniry (2008) FRA	ANTONY NATATION	01:38.08	280 pts
		50m : 00:43.42 (00:43.42) 100m : 01:38.08 (00:54.66)		
14	DA CUNHA Luis (2008) FRA	CN ST-MICHEL-SUR-ORGE	01:46.87	168 pts
		50m : 00:50.10 (00:50.10) 100m : 01:46.87 (00:56.77)		
15	STOIAN Theodor (2010) FRA	CA ORSAY	02:02.83	37 pts
		50m : 00:54.59 (00:54.59) 100m : 02:02.83 (01:08.24)		
16	FRENDI Adame (2007) FRA	CO ULIS NATATION	02:09.67	10 pts
		50m : 01:00.04 (01:00.04) 100m : 02:09.67 (01:09.63)		

200 Papillon Messieurs - Séries (Samedi 9 Novembre 2019)

1	JEAN Nicolas (2003) FRA	CA ORSAY	02:20.87	961 pts
		50m : 00:30.74 (00:30.74) 100m : 01:06.17 (00:35.43) 150m : 01:43.15 (00:36.98) 200m : 02:20.87 (00:37.72)		
2	GRONDIN William (2002) FRA	ANTONY NATATION	02:23.02	932 pts
		50m : 00:30.93 (00:30.93) 100m : 01:06.18 (00:35.25) 150m : 01:43.27 (00:37.09) 200m : 02:23.02 (00:39.75)		
3	LATSAGUE Thomas (2005) FRA	ES MASSY NATATION	02:32.99	805 pts
		50m : 00:33.70 (00:33.70) 100m : 01:12.48 (00:38.78) 150m : 01:52.34 (00:39.86) 200m : 02:32.99 (00:40.65)		
4	BRINDEJONC Matis (2006) FRA	ES MASSY NATATION	02:37.13	755 pts
		50m : 00:33.72 (00:33.72) 100m : 01:13.39 (00:39.67) 150m : 01:55.76 (00:42.37) 200m : 02:37.13 (00:41.37)		
5	EL MOUDIR Ayyoub (2007) FRA	ES MASSY NATATION	02:44.50	670 pts
		50m : 00:35.58 (00:35.58) 100m : 01:16.74 (00:41.16) 150m : 02:00.27 (00:43.53) 200m : 02:44.50 (00:44.23)		
6	PAGE Adrien (2004) FRA	CN ST-MICHEL-SUR-ORGE	02:47.60	635 pts
		50m : 00:33.28 (00:33.28) 100m : 01:12.45 (00:39.17) 150m : 01:57.37 (00:44.92) 200m : 02:47.60 (00:50.23)		

200 Papillon Messieurs - Séries (suite)

7	ALY Marwan (2008) FRA	ES MASSY NATATION	02:48.98	621 pts
50m : 00:34.74 (00:34.74) 100m : 01:16.99 (00:42.25) 150m : 02:02.21 (00:45.22) 200m : 02:48.98 (00:46.77)				
8	BONDOUY Marlon (2007) FRA	ES MASSY NATATION	02:58.69	520 pts
50m : 00:40.39 (00:40.39) 100m : 01:26.54 (00:46.15) 150m : 02:12.75 (00:46.21) 200m : 02:58.69 (00:45.94)				
9	DELSANTI Edem (2007) FRA	CA ORSAY	03:02.26	486 pts
50m : 00:35.92 (00:35.92) 100m : 01:20.13 (00:44.21) 150m : 02:10.16 (00:50.03) 200m : 03:02.26 (00:52.10)				
10	DACHEUX Raphael (2005) FRA	ANTONY NATATION	03:03.11	477 pts
50m : 00:39.61 (00:39.61) 100m : 01:26.14 (00:46.53) 150m : 02:14.75 (00:48.61) 200m : 03:03.11 (00:48.36)				
11	HINDA Sami (2007) FRA	CO ULIS NATATION	03:19.38	336 pts
50m : 00:42.20 (00:42.20) 100m : 01:32.45 (00:50.25) 150m : 02:25.56 (00:53.11) 200m : 03:19.38 (00:53.82)				
12	OULARBI Wassil (2008) FRA	CN ST-MICHEL-SUR-ORGE	03:21.79	317 pts
50m : 00:42.50 (00:42.50) 100m : 01:34.53 (00:52.03) 150m : 02:29.98 (00:55.45) 200m : 03:21.79 (00:51.81)				
13	BAZUREAU Corentin (2008) FRA	ES MASSY NATATION	03:26.87	279 pts
50m : 00:42.21 (00:42.21) 100m : 01:34.67 (00:52.46) 150m : 02:30.49 (00:55.82) 200m : 03:26.87 (00:56.38)				
14	MIALOT Paul (2009) FRA	CA ORSAY	03:38.92	199 pts
50m : 00:48.33 (00:48.33) 100m : 01:45.68 (00:57.35) 150m : 02:42.08 (00:56.40) 200m : 03:38.92 (00:56.84)				
15	ORLOWSKI Ferdinand (2009) FRA	CA ORSAY	04:00.44	89 pts
50m : 00:49.63 (00:49.63) 100m : 01:53.87 (01:04.24) 150m : 02:57.66 (01:03.79) 200m : 04:00.44 (01:02.78)				
---	RANDRIANJAFY Lucky (2005) FRA	EN LONGJUMEAU	DSQ	

100 4 Nages Messieurs - Séries (Dimanche 10 Novembre 2019)

1	BONDOUY Yannick (1979) FRA	ES MASSY NATATION	01:05.09	994 pts
2	MARY Nicolas (1994) FRA	ES MASSY NATATION	01:05.47	983 pts
3	ALMET Alix (1996) FRA	ES MASSY NATATION	01:07.56	926 pts
4	RECOURSE Clément (1998) FRA	CN ST-MICHEL-SUR-ORGE	01:08.05	913 pts
5	CHITOUR Zaki (2003) FRA	ANTONY NATATION	01:08.32	906 pts
6	NEBOR Maxence (2003) FRA	CA ORSAY	01:09.89	864 pts
7	BLAISE Antonin (2002) FRA	ES MASSY NATATION	01:10.67	844 pts
8	BRAIZE Eric (1971) FRA	ES MASSY NATATION	01:13.96	761 pts
9	GUILBAUD Arthur (2007) FRA	CA ORSAY	01:23.94	536 pts
10	SIBOUN Tom (2008) FRA	EN LONGJUMEAU	01:31.25	396 pts
11	RABETRANO Mathieu (2010) FRA	ANTONY NATATION	01:35.25	328 pts
12	THOMAS Xavier (1968) FRA	ES MASSY NATATION	01:48.28	152 pts
13	TOBJI Badr (2009) FRA	CA ORSAY	02:01.67	41 pts
14	MAHIEUX Arthur (2009) FRA	CA ORSAY	02:05.92	20 pts
15	BRIKI Idir (2008) FRA	CO ULIS NATATION	02:09.57	8 pts
---	VAREILLAUD Antoine (2009) FRA	CN ST-MICHEL-SUR-ORGE	DSQ	

200 4 Nages Messieurs - Séries (Samedi 9 Novembre 2019)

1	BARLIER Tony (2002) FRA	CA ORSAY	02:16.06	1046 pts
50m : 00:29.31 (00:29.31) 100m : 01:03.67 (00:34.36) 150m : 01:44.13 (00:40.46) 200m : 02:16.06 (00:31.93)				
2	RABE Clément (2004) FRA	CN ST-MICHEL-SUR-ORGE	02:30.92	844 pts
50m : 00:33.06 (00:33.06) 100m : 01:10.57 (00:37.51) 150m : 01:54.73 (00:44.16) 200m : 02:30.92 (00:36.19)				
3	GILLES William (2002) FRA	ES MASSY NATATION	02:37.64	760 pts
50m : 00:32.34 (00:32.34) 100m : 01:13.80 (00:41.46) 150m : 01:59.03 (00:45.23) 200m : 02:37.64 (00:38.61)				
4	GAMBIN Teo (2007) FRA	ANTONY NATATION	02:38.57	748 pts
50m : 00:31.10 (00:31.10) 100m : 01:12.04 (00:40.94) 150m : 02:02.25 (00:50.21) 200m : 02:38.57 (00:36.32)				
5	ZEIMMETTE Ronan (1981) FRA	CA ORSAY	02:46.28	658 pts
50m : 00:35.31 (00:35.31) 100m : 01:18.72 (00:43.41) 150m : 02:07.31 (00:48.59) 200m : 02:46.28 (00:38.97)				
6	BEN GHARBIA Mohamed (1991) FRA	ES MASSY NATATION	02:47.82	640 pts
50m : 00:35.54 (00:35.54) 100m : 01:20.90 (00:45.36) 150m : 02:08.89 (00:47.99) 200m : 02:47.82 (00:38.93)				
7	HEZARD Alexandre (1978) FRA	ANTONY NATATION	02:49.09	626 pts
50m : 00:34.70 (00:34.70) 100m : 01:18.65 (00:43.95) 150m : 02:10.58 (00:51.93) 200m : 02:49.09 (00:38.51)				
8	AISSAOUI Ayman (2006) FRA	CA ORSAY	02:52.34	591 pts
50m : 00:34.72 (00:34.72) 100m : 01:17.65 (00:42.93) 150m : 02:12.61 (00:54.96) 200m : 02:52.34 (00:39.73)				
9	TÊTU DUBREUIL Samuel (2008) FRA	ES MASSY NATATION	02:55.52	557 pts
50m : 00:37.06 (00:37.06) 100m : 01:23.06 (00:46.00) 150m : 02:16.99 (00:53.93) 200m : 02:55.52 (00:38.53)				
10	SAYAGH Ramzi (2005) FRA	EN LONGJUMEAU	02:57.15	540 pts
50m : 00:39.73 (00:39.73) 100m : 01:25.69 (00:45.96) 150m : 02:15.55 (00:49.86) 200m : 02:57.15 (00:41.60)				

200 4 Nages Messieurs - Séries (suite)

11 ANGELE Nolan (2008) FRA	ES MASSY NATATION	03:18.82	340 pts
	50m : 00:44.46 (00:44.46) 100m : 01:35.16 (00:50.70) 150m : 02:32.39 (00:57.23) 200m : 03:18.82 (00:46.43)		
12 BAZUREAU Antonin (2010) FRA	ES MASSY NATATION	03:19.38	335 pts
	50m : 00:45.61 (00:45.61) 100m : 01:36.83 (00:51.22) 150m : 02:35.49 (00:58.66) 200m : 03:19.38 (00:43.89)		
13 KEDDOUCI Nassim (2006) FRA	CN ST-MICHEL-SUR-ORGE	03:41.53	180 pts
	50m : 00:48.40 (00:48.40) 100m : 01:42.27 (00:53.87) 150m : 02:51.17 (01:08.90) 200m : 03:41.53 (00:50.36)		
14 TOMBORSKI Lucas (2009) FRA	CO ULIS NATATION	03:54.24	112 pts
	50m : 00:50.95 (00:50.95) 100m : 01:48.86 (00:57.91) 150m : 02:59.93 (01:11.07) 200m : 03:54.24 (00:54.31)		
15 CAUSSE Maxime (2009) FRA	CA ORSAY	03:58.24	94 pts
	50m : 00:57.71 (00:57.71) 100m : 01:56.39 (00:58.68) 150m : 03:04.81 (01:08.42) 200m : 03:58.24 (00:53.43)		
--- AUKAULOO Ylan (2008) FRA	ES MASSY NATATION	DSQ	

4x200 Nage Libre Messieurs - Séries (Dimanche 10 Novembre 2019)

1 BARLIER Tony (2002) FRA	CA ORSAY	08:09.69	1084 pts
LAFLEUR Vincent (1996) FRA			
ZAWADSKI Paul (2002) FRA			
TRYOEN Jonathan (1986) FRA			
50m : 00:27.35 (00:27.35) 100m : 00:57.45 (00:30.10) 150m : 01:27.92 (00:30.47) 200m : 01:59.66 (00:31.74) 250m : 02:27.70 (00:28.04) 300m : 02:59.53 (00:31.83) 350m : 03:32.04 (00:32.51) 400m : 04:03.65 (00:31.61)			
2 TCHOUAR Imed (1994) ALG	ANTONY NATATION	08:25.48	1019 pts
CHITOUR Zaki (2003) FRA			
DUPUIS Remi (2002) FRA			
GRONDIN William (2002) FRA			
50m : 00:27.72 (00:27.72) 100m : 00:57.73 (00:30.01) 150m : 01:28.98 (00:31.25) 200m : 02:00.93 (00:31.95) 250m : 02:29.78 (00:28.85) 300m : 03:03.89 (00:34.11) 350m : 03:39.12 (00:35.23) 400m : 04:14.08 (00:34.91)			
3 BLAISE Arthur (2005) FRA	ES MASSY NATATION	08:54.61	904 pts
FARKAS-BAJAN Peter (2007) FRA			
LATSAGUE Thomas (2005) FRA			
BLAISE Antonin (2002) FRA			
50m : 00:27.60 (00:27.60) 100m : 00:59.38 (00:31.78) 150m : 01:32.54 (00:33.16) 200m : 02:03.68 (00:31.14) 250m : 02:38.72 (00:35.04) 300m : 03:18.03 (00:39.31) 350m : 03:57.36 (00:39.33) 400m : 04:36.35 (00:38.99)			
4 LACOSTE Jean (1999) FRA	CN ST-MICHEL-SUR-ORGE	08:57.01	895 pts
BROCHARD Kevin (1994) FRA			
PAGE Adrien (2004) FRA			
RABE Clément (2004) FRA			
50m : 00:28.17 (00:28.17) 100m : 00:59.77 (00:31.60) 150m : 01:33.80 (00:34.03) 200m : 02:08.54 (00:34.74) 250m : 02:37.53 (00:28.99) 300m : 03:10.92 (00:33.39) 350m : 03:46.18 (00:35.26) 400m : 04:23.48 (00:35.24)			
5 BELLUNE Kewan (2004) FRA	ES MASSY NATATION	09:23.54	797 pts
BRINDEJONC Matis (2006) FRA			
BRAIZE Stann (2007) FRA			
ARAGONES Paul (2004) FRA			
50m : 00:27.86 (00:27.86) 100m : 01:01.41 (00:33.55) 150m : 01:40.20 (00:38.79) 200m : 02:18.13 (00:37.93) 250m : 02:47.59 (00:29.46) 300m : 03:21.30 (00:33.71) 350m : 03:56.39 (00:35.09) 400m : 04:31.14 (00:34.75) 450m : 05:05.35 (00:34.21)			
6 JULIEN Tristan (2002) FRA	EN LONGJUMEAU	09:24.84	792 pts
CLEMENT Gaetan (1997) FRA			
SAYAGH Ramzi (2005) FRA			
TULARD Florian (1996) FRA			
50m : 00:28.68 (00:28.68) 100m : 01:01.95 (00:33.27) 150m : 01:36.97 (00:35.02) 200m : 02:12.15 (00:35.18) 250m : 02:42.77 (00:30.62) 300m : 03:16.81 (00:34.04) 350m : 03:51.68 (00:34.87) 400m : 04:27.36 (00:35.68)			
7 LAJIC Anthony (2002) FRA	ES MASSY NATATION	09:31.25	770 pts
BOUCHARIN Teo (2006) FRA			
GILLES William (2002) FRA			
BRISSON Jeffrey (1998) FRA			
50m : 00:27.98 (00:27.98) 100m : 00:57.70 (00:29.72) 150m : 01:29.63 (00:31.93) 200m : 02:00.28 (00:30.65) 250m : 02:32.88 (00:32.60) 300m : 03:09.31 (00:36.43) 350m : 03:46.38 (00:37.07) 400m : 04:22.53 (00:36.15)			
8 FAURE Hugo (1999) FRA	CA ORSAY	09:34.73	757 pts
DELSANTI Edem (2007) FRA			
AISSAOUI Ayman (2006) FRA			

Championnat Régional Interclubs TC - ILE-DE-FRANCE - MASSY (FRA)

Titre : Championnats Régionaux Interclubs TC - Poule K
Du Samedi 9 au Dimanche 10 Novembre 2019 - Bassin de : 25 m.

4x200 Nage Libre Messieurs - Séries (suite)

SAUTEREAU Benjamin (1997) FRA

50m : 00:28.79 (00:28.79) 100m : 01:00.80 (00:32.01) 150m : 01:35.08 (00:34.28) 200m : 02:09.95 (00:34.87) 250m : 02:43.77 (00:33.82) 300m : 03:21.60 (00:37.83) 350m : 04:01.57 (00:39.97) 400m : 04:41.07 (00:39.50) 450m : 05:20.57 (00:39.50)

9 JLAIEL Yanis (2005) FRA

ES MASSY NATATION

09:34.88 757 pts

ABER Valentin (2007) FRA

BONDOUY Marlon (2007) FRA

EL SADANY Yann (1996) FRA

50m : 00:31.60 (00:31.60) 100m : 01:08.78 (00:37.18) 150m : 01:48.61 (00:39.83) 200m : 02:26.47 (00:37.86) 250m : 02:59.82 (00:33.35) 300m : 03:36.46 (00:36.64) 350m : 04:13.61 (00:37.15) 400m : 04:49.07 (00:35.46) 450m : 05:24.53 (00:35.46)

10 BOUABDELLAH Yassine (2005) FRA

ES MASSY NATATION

09:39.77 740 pts

EL MOUDIR Ayyoub (2007) FRA

MANOLE Maxim (2007) FRA

MITTOU Jayen (2003) FRA

50m : 00:29.53 (00:29.53) 100m : 01:02.31 (00:32.78) 150m : 01:36.67 (00:34.36) 200m : 02:11.03 (00:34.36) 250m : 02:43.74 (00:32.71) 300m : 03:20.58 (00:36.84) 350m : 03:58.02 (00:37.44) 400m : 04:34.22 (00:36.20) 450m : 05:10.42 (00:36.20)

11 LAVIGNE Mathieu (2003) FRA

ES MASSY NATATION

09:59.11 675 pts

TRÉBOSC Samy (2007) FRA

VIRGAL-PRUNIER Chrystopher (2007) FRA

ION Victor (2005) FRA

50m : 00:32.55 (00:32.55) 100m : 01:08.88 (00:36.33) 150m : 01:46.58 (00:37.70) 200m : 02:24.33 (00:37.75) 250m : 02:58.62 (00:34.29) 300m : 03:36.80 (00:38.18) 350m : 04:16.16 (00:39.36) 400m : 04:59.89 (00:37.67) 450m : 05:43.62 (00:37.67)

12 CLEMENT Xavier (2006) FRA

ANTONY NATATION

10:32.96 568 pts

KANAMORI Valentin (2006) FRA

RAVELOSON RASENDRA Faniry (2008) FRA

DACHEUX Raphael (2005) FRA

50m : 00:35.82 (00:35.82) 100m : 01:17.82 (00:42.00) 150m : 01:59.96 (00:42.14) 200m : 02:39.47 (00:39.51) 250m : 03:12.44 (00:32.97) 300m : 03:49.73 (00:37.29) 350m : 04:29.50 (00:39.77) 400m : 05:08.97 (00:39.47) 450m : 05:48.44 (00:39.47)

13 KERFORN Paul (2011) FRA

CA ORSAY

11:41.25 380 pts

DJENNANE Aymen (2005) ALG

MIALOT Paul (2009) FRA

ZEIMMETTE Ronan (1981) FRA

50m : 00:45.89 (00:45.89) 100m : 01:39.45 (00:53.56) 150m : 02:34.57 (00:55.12) 200m : 03:31.90 (00:57.33) 250m : 04:06.20 (00:34.30) 300m : 04:44.78 (00:38.58) 350m : 05:24.88 (00:40.10) 400m : 06:04.38 (00:39.45) 450m : 06:43.85 (00:39.45)

14 LOUAMI Salim (2006) FRA

CN ST-MICHEL-SUR-ORGE

12:15.32 300 pts

OULARBI Wassil (2008) FRA

KEDDOUCI Nassim (2006) FRA

DA CUNHA Luis (2008) FRA

50m : 00:35.23 (00:35.23) 100m : 01:17.74 (00:42.51) 150m : 02:03.65 (00:45.91) 200m : 02:49.11 (00:45.46) 250m : 03:27.24 (00:38.13) 300m : 04:13.57 (00:46.33) 350m : 05:00.71 (00:47.14) 400m : 05:44.21 (00:43.50) 450m : 06:27.71 (00:43.50)

15 HINDA Sami (2007) FRA

CO ULIS NATATION

12:30.55 267 pts

EL GUERAINAT Nassim (2006) FRA

JALLOH Ahmed-Tidiane (2007) FRA

BAMIERE Enzo (2009) FRA

50m : 00:35.74 (00:35.74) 100m : 01:15.49 (00:39.75) 150m : 01:57.81 (00:42.32) 200m : 02:39.31 (00:41.50) 250m : 03:17.87 (00:38.56) 300m : 04:04.81 (00:46.94) 350m : 04:55.27 (00:50.46) 400m : 05:44.07 (00:48.90) 450m : 06:32.97 (00:48.90)

16 KERFORN Jean (2009) FRA

CA ORSAY

12:53.10 223 pts

DAVID Renan (2009) FRA

ORLOWSKI Ferdinand (2009) FRA

BARRIER Stéphane (1973) FRA

50m : 00:41.76 (00:41.76) 100m : 01:30.13 (00:48.37) 150m : 02:22.25 (00:52.12) 200m : 03:11.89 (00:49.64) 250m : 03:56.73 (00:44.84) 300m : 04:49.17 (00:52.44) 350m : 05:41.73 (00:52.56) 400m : 06:32.50 (00:50.77) 450m : 07:23.27 (00:50.77)

4x100 4 Nages Messieurs - Séries (Dimanche 10 Novembre 2019)

1 DUPUIS Remi (2002) FRA

ANTONY NATATION

04:10.76 1064 pts

RAVELOSON RASENDRA Mihaja (2003) FRA

GRONDIN William (2002) FRA

TCHOUAR Imed (1994) ALG

50m : 00:29.62 (00:29.62) 100m : 01:01.37 (00:31.75) 150m : 01:35.02 (00:33.65) 200m : 02:14.65 (00:39.63) 250m : 02:43.08 (00:28.43) 300m : 03:15.17 (00:32.09) 350m : 03:41.82 (00:26.65) 400m : 04:10.76 (00:28.94) 450m : 04:40.70 (00:28.94)

2 MIALOT Rémi (2005) FRA

CA ORSAY

04:12.35 1053 pts

4x100 4 Nages Messieurs - Séries (suite)

BARLIER Tony (2002) FRA									
JEAN Nicolas (2003) FRA									
ZAWADSKI Paul (2002) FRA									
50m :	00:31.71 (00:31.71)	100m :	01:06.71 (00:35.00)	150m :	01:37.93 (00:31.22)	200m :	02:14.73 (00:36.80)	250m :	02:43.35 (00:28.62)
300m :	03:17.07 (00:33.72)	350m :	03:43.79 (00:26.72)	400m :	04:12.35 (00:28.56)				
3	PAGE Adrien (2004) FRA	CN ST-MICHEL-SUR-ORGE	04:33.98	905 pts					
RABE Clément (2004) FRA									
LACOSTE Jean (1999) FRA									
BROCHARD Kevin (1994) FRA									
50m :	00:33.13 (00:33.13)	100m :	01:08.21 (00:35.08)	150m :	01:45.61 (00:37.40)	200m :	02:29.00 (00:43.39)	250m :	02:58.54 (00:29.54)
300m :	03:35.05 (00:36.51)	350m :	04:02.00 (00:27.95)	400m :	04:33.98 (00:30.98)				
4	BRAIZE Stann (2007) FRA	ES MASSY NATATION	04:36.71	887 pts					
BELLUNE Kewan (2004) FRA									
BRINDEJONC Matis (2006) FRA									
ARAGONES Paul (2004) FRA									
50m :	00:34.31 (00:34.31)	100m :	01:09.90 (00:35.59)	150m :	01:43.73 (00:33.83)	200m :	02:23.53 (00:39.80)	250m :	02:55.63 (00:32.10)
300m :	03:32.23 (00:36.60)	350m :	04:02.34 (00:30.11)	400m :	04:36.71 (00:34.37)				
5	RANDRIANJAFY Lucky (2005) FRA	EN LONGJUMEAU	04:40.38	864 pts					
CLEMENT Gaetan (1997) FRA									
TULARD Floran (1996) FRA									
JULIEN Tristan (2002) FRA									
50m :	00:35.16 (00:35.16)	100m :	01:12.77 (00:37.61)	150m :	01:46.76 (00:33.99)	200m :	02:26.83 (00:40.07)	250m :	02:58.82 (00:31.99)
300m :	03:39.17 (00:40.35)	350m :	04:07.42 (00:28.25)	400m :	04:40.38 (00:32.96)				
6	BLAISE Arthur (2005) FRA	ES MASSY NATATION	04:46.04	828 pts					
BLAISE Antonin (2002) FRA									
LATSAGUE Thomas (2005) FRA									
FARKAS-BAJAN Peter (2007) FRA									
50m :	00:32.37 (00:32.37)	100m :	01:07.71 (00:35.34)	150m :	01:44.25 (00:36.54)	200m :	02:26.66 (00:42.41)	250m :	02:56.71 (00:30.05)
300m :	03:32.44 (00:35.73)	350m :	04:08.28 (00:35.84)	400m :	04:46.04 (00:37.76)				
7	BOUCHARIN Teo (2006) FRA	ES MASSY NATATION	04:49.77	805 pts					
GILLES William (2002) FRA									
LAJIC Anthony (2002) FRA									
BRISSON Jeffrey (1998) FRA									
50m :	00:38.21 (00:38.21)	100m :	01:18.32 (00:40.11)	150m :	01:53.15 (00:34.83)	200m :	02:34.95 (00:41.80)	250m :	03:02.77 (00:27.82)
300m :	03:37.51 (00:34.74)	350m :	04:10.29 (00:32.78)	400m :	04:49.77 (00:39.48)				
8	BOUABDELLAH Yassine (2005) FRA	ES MASSY NATATION	04:57.08	760 pts					
MANOLE Maxim (2007) FRA									
EL MOUDIR Ayyoub (2007) FRA									
MITTOU Jayen (2003) FRA									
50m :	00:31.92 (00:31.92)	100m :	01:06.08 (00:34.16)	150m :	01:47.92 (00:41.84)	200m :	02:34.89 (00:46.97)	250m :	03:09.83 (00:34.94)
300m :	03:50.83 (00:41.00)	350m :	04:22.36 (00:31.53)	400m :	04:57.08 (00:34.72)				
9	BONDOUY Marlon (2007) FRA	ES MASSY NATATION	04:58.78	750 pts					
JLAIEL Yanis (2005) FRA									
EL SADANY Yann (1996) FRA									
ABER Valentin (2007) FRA									
50m :	00:39.12 (00:39.12)	100m :	01:19.39 (00:40.27)	150m :	01:59.64 (00:40.25)	200m :	02:46.19 (00:46.55)	250m :	03:16.10 (00:29.91)
300m :	03:50.75 (00:34.65)	350m :	04:22.94 (00:32.19)	400m :	04:58.78 (00:35.84)				
10	LAVIGNE Mathieu (2003) FRA	ES MASSY NATATION	05:08.93	691 pts					
TRÉBOSC Samy (2007) FRA									
VIRGAL-PRUNIER Chrystopher (2007) FRA									
ION Victor (2005) FRA									
50m :	00:32.74 (00:32.74)	100m :	01:07.53 (00:34.79)	150m :	01:49.42 (00:41.89)	200m :	02:38.97 (00:49.55)	250m :	03:17.56 (00:38.59)
300m :	04:05.17 (00:47.61)	350m :	04:35.06 (00:29.89)	400m :	05:08.93 (00:33.87)				
11	SAUTEREAU Benjamin (1997) FRA	CA ORSAY	05:20.18	628 pts					
DAVID Armel (2007) FRA									
AISSAOUI Ayman (2006) FRA									
GUILBAUD Arthur (2007) FRA									
50m :	00:36.28 (00:36.28)	100m :	01:15.03 (00:38.75)	150m :	01:58.28 (00:43.25)	200m :	02:49.16 (00:50.88)	250m :	03:25.20 (00:36.04)
300m :	04:07.26 (00:42.06)	350m :	04:41.92 (00:34.66)	400m :	05:20.18 (00:38.26)				

4x100 4 Nages Messieurs - Séries (suite)

12 KANAMORI Valentin (2006) FRA	ANTONY NATATION	05:30.91	570 pts
VYXIENH Yann (2008) FRA			
DACHEUX Raphael (2005) FRA			
CLEMENT Xavier (2006) FRA			
50m : 00:38.53 (00:38.53) 100m : 01:21.40 (00:42.87) 150m : 02:03.54 (00:42.14) 200m : 02:52.49 (00:48.95) 250m : 03:29.46 (00:36.97) 300m : 04:15.52 (00:46.06) 350m : 04:52.07 (00:36.55) 400m : 05:30.91 (00:38.84)			
13 KERFORN Paul (2011) FRA	CA ORSAY	06:07.21	397 pts
DJENNANE Aymen (2005) ALG			
MIALOT Paul (2009) FRA			
ZEIMMETTE Ronan (1981) FRA			
50m : 00:52.12 (00:52.12) 100m : 01:46.89 (00:54.77) 150m : 02:30.97 (00:44.08) 200m : 03:20.94 (00:49.97) 250m : 04:07.81 (00:46.87) 300m : 05:04.71 (00:56.90) 350m : 05:33.92 (00:29.21) 400m : 06:07.21 (00:33.29)			
14 DA CUNHA Luis (2008) FRA	CN ST-MICHEL-SUR-ORGE	06:27.60	313 pts
LOUAMI Salim (2006) FRA			
OULARBI Wassil (2008) FRA			
KEDDOUCI Nassim (2006) FRA			
50m : 00:53.40 (00:53.40) 100m : 01:46.33 (00:52.93) 150m : 02:33.95 (00:47.62) 200m : 03:27.97 (00:54.02) 250m : 04:06.72 (00:38.75) 300m : 04:56.75 (00:50.03) 350m : 05:39.97 (00:43.22) 400m : 06:27.60 (00:47.63)			
15 EL GUERAINAT Nassim (2006) FRA	CO ULIS NATATION	07:02.17	194 pts
SAIDI Amir (2009) FRA			
TOMBORSKI Lucas (2009) FRA			
BAMIERE Enzo (2009) FRA			
50m : 00:47.05 (00:47.05) 100m : 01:38.98 (00:51.93) 150m : 02:35.12 (00:56.14) 200m : 03:37.75 (01:02.63) 250m : 04:30.46 (00:52.71) 300m : 05:34.81 (01:04.35) 350m : 06:19.19 (00:44.38) 400m : 07:02.17 (00:42.98)			
16 KERFORN Jean (2009) FRA	CA ORSAY	07:05.16	185 pts
DAVID Renan (2009) FRA			
ORLOWSKI Ferdinand (2009) FRA			
STOIAN Theodor (2010) FRA			
50m : 00:48.86 (00:48.86) 100m : 01:39.32 (00:50.46) 150m : 02:32.16 (00:52.84) 200m : 03:29.82 (00:57.66) 250m : 04:19.64 (00:49.82) 300m : 05:23.02 (01:03.38) 350m : 06:10.29 (00:47.27) 400m : 07:05.16 (00:54.87)			

10x50 Nage Libre Messieurs - Séries (Samedi 9 Novembre 2019)

1 TCHOUAR Imed (1994) ALG	ANTONY NATATION	04:22.37	1100 pts
DUPUIS Remi (2002) FRA			
DJENDOUCI Badis (1988) ALG			
DELECOLLE Camille (2007) FRA			
GAMBIN Teo (2007) FRA			
RAVELOSON RASENDRA Mihaja (2003) FRA			
PHUNG Quentin (1997) FRA			
CHITOUR Zaki (2003) FRA			
GRONDIN William (2002) FRA			
DJENDOUCI Ryad (1988) ALG			
50m : 00:26.22 (00:26.22) 100m : 00:51.50 (00:25.28) 150m : 01:15.67 (00:24.17) 200m : 01:46.02 (00:30.35) 250m : 02:13.59 (00:27.57) 300m : 02:40.84 (00:27.25) 350m : 03:07.33 (00:26.49) 400m : 03:32.77 (00:25.44) 450m : 04:00.00 (00:27.23)			
2 MIALOT Rémi (2005) FRA	CA ORSAY	04:27.54	1069 pts
SABATIER Jean-baptiste (2002) FRA			
TRYOEN Jonathan (1986) FRA			
JEAN Nicolas (2003) FRA			
BARLIER Tony (2002) FRA			
LAFLEUR Vincent (1996) FRA			
SAUTEREAU Vincent (2000) FRA			
NEUVILLE Marin (2007) FRA			
NEBOR Maxence (2003) FRA			

10x50 Nage Libre Messieurs - Séries (suite)

ZAWADSKI Paul (2002) FRA

50m : 00:27.58 (00:27.58) 100m : 00:54.59 (00:27.01) 150m : 01:20.63 (00:26.04) 200m : 01:47.95 (00:27.32) 250m : 02:13.38 (00:25.43) 300m : 02:38.96 (00:25.58) 350m : 03:05.10 (00:26.14) 400m : 03:34.66 (00:29.56) 450m : 04:03.12 (00:28.46)

3 LACOSTE Jean (1999) FRA

CN ST-MICHEL-SUR-ORGE

04:46.59 960 pts

PAGE Adrien (2004) FRA

RENAUD Matthieu (2004) FRA

BENARABA Anis-Mohamed (2007) ALG

BOCQUEL Tristan (2004) FRA

RABE Clément (2004) FRA

BOLLÉA Adan (2005) FRA

ARAUJO Stéphane (1991) FRA

BROCHARD Kevin (1994) FRA

RECOURSE Clément (1998) FRA

50m : 00:26.60 (00:26.60) 100m : 00:53.36 (00:26.76) 150m : 01:25.58 (00:32.22) 200m : 01:59.75 (00:34.17) 250m : 02:28.87 (00:29.12) 300m : 02:56.68 (00:27.81) 350m : 03:26.90 (00:30.22) 400m : 03:52.89 (00:25.99) 450m : 04:20.37 (00:27.48)

4 BRINDEJONC Matis (2006) FRA

ES MASSY NATATION

04:54.65 915 pts

BRAIZE Stann (2007) FRA

HUREL Tristan (2009) FRA

COLSON Noah (2008) FRA

TÊTU DUBREUIL Samuel (2008) FRA

BELLUNE Kewan (2004) FRA

ARAGONES Paul (2004) FRA

BRAIZE Eric (1971) FRA

LEGER Jean-Francois (1973) FRA

JOUVION Matthieu (1988) FRA

50m : 00:27.99 (00:27.99) 100m : 00:56.48 (00:28.49) 150m : 01:35.09 (00:38.61) 200m : 02:09.21 (00:34.12) 250m : 02:39.81 (00:30.60) 300m : 03:05.70 (00:25.89) 350m : 03:33.16 (00:27.46) 400m : 04:01.76 (00:28.60) 450m : 04:30.37 (00:28.61)

5 ABER Valentin (2007) FRA

ES MASSY NATATION

05:12.20 822 pts

BONDOUY Marlon (2007) FRA

HADJIDJ Jalis (2010) FRA

AUKAULOO Ylan (2008) FRA

DJERROUF Samy (2008) FRA

JLAIEL Yanis (2005) FRA

COCHARD Mathieu (2004) FRA

GUILLAUME Vincent (2002) FRA

BONDOUY Yannick (1979) FRA

EL SADANY Yann (1996) FRA

50m : 00:31.46 (00:31.46) 100m : 01:03.92 (00:32.46) 150m : 01:44.09 (00:40.17) 200m : 02:19.32 (00:35.23) 250m : 02:57.54 (00:38.22) 300m : 03:27.00 (00:29.46) 350m : 03:54.90 (00:27.90) 400m : 04:20.37 (00:25.47) 450m : 04:47.84 (00:27.47)

6 FAURE Hugo (1999) FRA

CA ORSAY

05:18.10 792 pts

SABATIER Francois-Xavier (2005) FRA

WALLON Louis (2006) FRA

DELSANTI Edem (2007) FRA

AISSAOUI Ayman (2006) FRA

DAVID Armel (2007) FRA

GUILLEMET Augustin (2008) FRA

DEROUELLE Estève (2008) FRA

GUILBAUD Arthur (2007) FRA

SAUTEREAU Benjamin (1997) FRA

50m : 00:26.30 (00:26.30) 100m : 00:56.46 (00:30.16) 150m : 01:29.31 (00:32.85) 200m : 02:00.09 (00:30.78) 250m : 02:30.96 (00:30.87) 300m : 03:05.56 (00:34.60) 350m : 03:40.14 (00:34.58) 400m : 04:15.92 (00:35.78) 450m : 04:51.70 (00:35.78)

10x50 Nage Libre Messieurs - Séries (suite)

7	EL MOUDIR Ayyoub (2007) FRA	ES MASSY NATATION	05:21.16	776 pts
	MANOLE Maxim (2007) FRA			
	EL MOUDIR Wassim (2009) FRA			
	HOCHEREAU Lucas (2010) FRA			
	DJERROUF Elyas (2008) FRA			
	BOUABDELLAH Yassine (2005) FRA			
	MITTOU Jayen (2003) FRA			
	COUBLE Tom (2001) FRA			
	ALMET Alix (1996) FRA			
	BEN GHARBIA Mohamed (1991) FRA			
	50m : 00:30.35 (00:30.35) 100m : 01:03.59 (00:33.24) 150m : 01:42.41 (00:38.82) 200m : 02:28.35 (00:45.94) 250m : 03:04.62 (00:36.27) 300m : 03:32.90 (00:28.28) 350m : 04:02.56 (00:29.66) 400m : 04:28.34 (00:25.78) 450m : 04:54.12 (00:25.78)			
8	FARKAS-BAJAN Peter (2007) FRA	ES MASSY NATATION	05:26.02	752 pts
	EL OUARRADI Bilel (2009) FRA			
	HAMOUDA Adam (2010) FRA			
	ION Nicolas (2008) FRA			
	ANGELE Nolan (2008) FRA			
	LATSAGUE Thomas (2005) FRA			
	BLAISE Arthur (2005) FRA			
	BLAISE Antonin (2002) FRA			
	DELAUNE Arnaud (1975) FRA			
	MOKHFI Anis (1997) FRA			
	50m : 00:33.09 (00:33.09) 100m : 01:11.17 (00:38.08) 150m : 01:50.61 (00:39.44) 200m : 02:25.82 (00:35.21) 250m : 03:02.25 (00:36.43) 300m : 03:29.87 (00:27.62) 350m : 03:59.03 (00:29.16) 400m : 04:25.19 (00:26.16) 450m : 04:51.35 (00:26.16)			
9	BOUCHARIN Teo (2006) FRA	ES MASSY NATATION	05:27.04	747 pts
	SERCIEJN Jaden (2009) FRA			
	SERCIEJN Jaylon (2010) FRA			
	ALY Marwan (2008) FRA			
	LAJIC Anthony (2002) FRA			
	GILLES William (2002) FRA			
	BRISSON Jeffrey (1998) FRA			
	JACOLOT Baptiste (2000) FRA			
	WIESKOTTEN Christophe (1964) FRA			
	MARY Nicolas (1994) FRA			
	50m : 00:30.91 (00:30.91) 100m : 01:07.30 (00:36.39) 150m : 01:48.67 (00:41.37) 200m : 02:19.98 (00:31.31) 250m : 02:46.16 (00:26.18) 300m : 03:14.75 (00:28.59) 350m : 03:45.81 (00:31.06) 400m : 04:12.98 (00:27.17) 450m : 04:40.15 (00:27.17)			
10	YVON Guy (1945) FRA	EN LONGJUMEAU	05:31.93	723 pts
	CLEMENT Gaetan (1997) FRA			
	JULIEN Tristan (2002) FRA			
	SIBOUN Tom (2008) FRA			
	EL GHAZI Yacine (2009) FRA			
	DECHES Guillaume (1975) FRA			
	MICHAUD Robin (2010) FRA			
	RANDRIANJAFY Lucky (2005) FRA			
	SAYAGH Ramzi (2005) FRA			
	TULARD Floran (1996) FRA			
	50m : 00:42.12 (00:42.12) 100m : 01:07.91 (00:25.79) 150m : 01:35.62 (00:27.71) 200m : 02:13.53 (00:37.91) 250m : 02:51.85 (00:38.32) 300m : 03:20.90 (00:29.05) 350m : 04:02.34 (00:41.44) 400m : 04:30.92 (00:28.58) 450m : 04:59.50 (00:28.58)			
11	CLEMENT Xavier (2006) FRA	ANTONY NATATION	05:49.78	639 pts
	DELACROIX Theodore (2009) FRA			

10x50 Nage Libre Messieurs - Séries (suite)

DELECOLLE Jules (2009) FRA			
KANAMORI Valentin (2006) FRA			
VYXIENH Yann (2008) FRA			
RABETRANO Mathieu (2010) FRA			
RAVELOSON RASENDRA Faniry (2008) FRA			
COURALET TAPI Cohen (2009) FRA			
DACHEUX Raphael (2005) FRA			
HEZARD Alexandre (1978) FRA			
50m : 00:33.91 (00:33.91) 100m : 01:12.84 (00:38.93) 150m : 01:53.28 (00:40.44) 200m : 02:23.71 (00:30.43) 250m : 03:01.31 (00:37.60) 300m : 03:39.45 (00:38.14) 350m : 04:13.97 (00:34.52) 400m : 04:50.09 (00:36.12) 450m : 05:28.21 (00:38.12)			
12	VIRGAL-PRUNIER Chrystopher (2007) FRA	ES MASSY NATATION	05:58.08 602 pts
TRÉBOSC Samy (2007) FRA			
TRÉBOSC Yanis (2011) FRA			
LATELLA GUILLEBAUD Leandre (2010) FRA			
BAZUREAU Antonin (2010) FRA			
BAZUREAU Corentin (2008) FRA			
LAVIGNE Mathieu (2003) FRA			
ION Victor (2005) FRA			
GRANDIN-MARTIN Sebastien (1973) FRA			
THOMAS Xavier (1968) FRA			
50m : 00:30.41 (00:30.41) 100m : 01:01.45 (00:31.04) 150m : 01:48.67 (00:47.22) 200m : 02:35.25 (00:46.58) 250m : 03:14.31 (00:39.06) 300m : 03:49.12 (00:34.81) 350m : 04:19.94 (00:30.82) 400m : 04:49.20 (00:29.26) 450m : 05:18.46 (00:29.26)			
13	LOUAMI Salim (2006) FRA	CN ST-MICHEL-SUR-ORGE	06:13.30 536 pts
STOCKMANN Victor (2010) FRA			
CECCHETTO Liron (2010) FRA			
VAREILLAUD Lucas (2009) FRA			
PICALAU Ilia (2009) MDA			
DA CUNHA Luis (2008) FRA			
VAREILLAUD Antoine (2009) FRA			
KEDDOUCI Nassim (2006) FRA			
GALIBERT Yann (1994) FRA			
OULARBI Wassil (2008) FRA			
50m : 00:32.52 (00:32.52) 100m : 01:17.63 (00:45.11) 150m : 01:57.97 (00:40.34) 200m : 02:34.36 (00:36.39) 250m : 03:14.58 (00:40.22) 300m : 03:54.72 (00:40.14) 350m : 04:29.68 (00:34.96) 400m : 05:09.16 (00:39.48) 450m : 05:48.64 (00:39.48)			
14	LEDEY Yohan (2010) FRA	CA ORSAY	06:52.33 386 pts
GAOUI Elias (2009) FRA			
MACEL Christophe (1969) FRA			
ORLOWSKI Ferdinand (2009) FRA			
CAUSSE Maxime (2009) FRA			
DAVID Renan (2009) FRA			
KERFORN Jean (2009) FRA			
BARRIER Stéphane (1973) FRA			
STOIAN Theodor (2010) FRA			
MAHIEUX Arthur (2009) FRA			
50m : 00:43.39 (00:43.39) 100m : 01:28.03 (00:44.64) 150m : 02:04.15 (00:36.12) 200m : 02:45.53 (00:41.38) 250m : 03:26.84 (00:41.31) 300m : 04:07.21 (00:40.37) 350m : 04:44.44 (00:37.23) 400m : 05:20.69 (00:36.25) 450m : 05:57.08 (00:36.39)			
15	LEDEY Vincent (1976) FRA	CA ORSAY	06:54.67 377 pts
SAUTEREAU Jonathan (2011) FRA			
KERFORN Paul (2011) FRA			
MIALOT Paul (2009) FRA			

10x50 Nage Libre Messieurs - Séries (suite)

ZEIMMETTE Ronan (1981) FRA

MARQUES Quentin (2010) FRA

OBLED Jules (2010) FRA

HAMZAWI Arthur (2010) FRA

DJENNANE Aymen (2005) ALG

TOBJI Badr (2009) FRA

50m : 00:27.13 (00:27.13) 100m : 01:14.25 (00:47.12) 150m : 01:57.25 (00:43.00) 200m : 02:36.10 (00:38.85) 250m : 03:03.95 (00:27.85) 300m : 03:57.52 (00:53.57) 350m : 04:47.37 (00:49.85) 400m : 05:35.10 (00:47.73) 450m : 06:22.83 (00:47.73)

16 HINDA Sami (2007) FRA

CO ULIS NATATION

06:55.26 375 pts

BAMIERE Enzo (2009) FRA

SAIDI Amir (2009) FRA

BRIKI Idir (2008) FRA

TOMBORSKI Lucas (2009) FRA

FRENDI Adame (2007) FRA

EL GUERAINAT Nassim (2006) FRA

JALLOH Ahmed-Tidiane (2007) FRA

DANGUY Mathis (2008) FRA

BOUMENDJEL Khalil (2009) FRA

50m : 00:31.35 (00:31.35) 100m : 01:10.84 (00:39.49) 150m : 01:54.60 (00:43.76) 200m : 02:42.13 (00:47.53) 250m : 03:23.83 (00:41.70) 300m : 04:07.37 (00:43.54) 350m : 04:42.62 (00:35.25) 400m : 05:24.27 (00:41.65) 450m : 06:05.92 (00:41.65)

Les codes des disqualifications ou des forfaits

DSQ : Disqualifié DNF : Abandon DNS : Forfait DNS dec : Forfait déclaré Epr nc : Epreuve non courue